

拍數: 32 編數: Intermediate

編舞者: Delwyn Swaisland (AUS) 音樂: I'm the One - Gary Allan



SIDE BEHIND, SIDE, FRONT, SIDE

1-2&3-4 Step right to right side, step left behind right, step right to right side, step left across front of

right, rock/step right to right side

SIDE, BEHIND, SIDE, FRONT, 1/4 TURN RIGHT

5-6&7-8 Rock/step left to left side, step right behind left, step left to left side, step right across front of

left, step left to left side turning 1/4 right

ROCK, RECOVER, RIGHT LOCK STEP

1-2-3&4 Rock back on right, recover on left, step forward on right, step/lock left behind right, step

forward on right

1/2 PIVOT RIGHT, LEFT LOCK STEP

5-6-7&8 Step forward on left, ½ pivot turn to right, step forward on left, step/lock right behind left, step

forward on left

SIDE, BEHIND, 1/4 RIGHT TURN, WALK FORWARD LEFT & RIGHT

1-2&3-4 Step right to right side, step left behind right, turning ¼ right step forward on right, walk

forward left-right

1/2 PIVOT RIGHT, TOGETHER, WALK FORWARD RIGHT & LEFT

5-6&7-8 Step forward on left, ½ pivot turn to right, step left next to right, walk forward right-left

ROCK, ROCK, BEHIND, SIDE, FRONT

1-2-3&4 Rock/step right to right side, rock recover on left, step right behind left, step left to left side,

step right across front of left

ROCK, ROCK, BEHIND, SIDE, FRONT

5-6-7&8 Rock/step left to left side, rock recover on right, step left behind right, step right to right side,

step left across front of right

REPEAT