

# It's The Truth

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Chris Cleevely (UK)  
音樂: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



## INTRO

Danced just once, when the instrumental starts. Drop this intro if Tim McGraw track is used

**2 X MONTEREY TURNS, POINT BACK RIGHT, STEP IN PLACE, POINT BACK LEFT, STEP IN PLACE, FORWARD RIGHT MAMBO, FORWARD LEFT MAMBO**

- 1-2      Point right toes to right side, pivot  $\frac{1}{2}$  turn right and step right next to left
- 3-4      Point left toes to left side, step left by right
- 5-6      Point right toes to right side, pivot  $\frac{1}{2}$  turn right and step right next to left
- 7-8      Point left toes to left side, step left by right
- 9-10      Point right toes back (on right diagonal), step right in place & clap
- 11-12      Point left toes back (on left diagonal, step left in place & clap)
- 13-14      Rock forward on right, recover weight on left, step right by left
- 15&16      Rock forward on left, recover weight on right, step left by right

## THE MAIN DANCE

### STEP, ROCK, RECOVER (TRAVELING FORWARD)

- 1&2      Step forward on right, rock back on left, recover weight on right (snap fingers of left hand)
- 3&4      Step forward on left, rock back on right, recover weight on left (snap fingers of right hand)
- 5&6      Step forward on right, rock back on left, recover weight on right (snap fingers of left hand)
- 7&8      Step forward on left, rock back on right, recover weight on left (snap fingers of right hand)

### RIGHT SCISSOR STEP, LEFT SCISSOR STEP, KICK, $\frac{1}{4}$ TURN RIGHT, TWIST, TWIST, $\frac{1}{4}$ TURN LEFT

- 9&10      Step right to right side, step left by right, cross right over left
- 11&12      Step left to left side, step right by left, cross left over right
- 13-14      Kick right foot forward, twist  $\frac{1}{4}$  turn right (weight on left)
- 15&16      Twist heels right, twist heels left, twist heels right making  $\frac{1}{4}$  turn left (weight on right)

### LEFT COASTER STEP, RIGHT FORWARD MAMBO, HIP BUMPS ON LEFT DIAGONAL, HIP BUMPS ON RIGHT DIAGONAL

- 17&18      Step back on left, step right by left, step left forward
- 19&20      Rock forward on right, recover weight on left, step right by left
- 21&22      Step forward on left diagonal and bump hips left/right/left
- 23&24      Step forward on right diagonal and bump hips right/left/right

### LEFT $\frac{1}{4}$ TURNING SAILOR STEP, ROCK, RECOVER, FULL TURN, ROCK RECOVER

- 25&26      Making  $\frac{1}{4}$  turn left cross left behind right, step right to right side, step left to left side
- 27-28      Rock forward on right, recover weight on left
- 29-30      Step  $\frac{1}{2}$  turn right, keeping weight on right pivot  $\frac{1}{2}$  turn right stepping back on left
- 31-32      Rock back on right, recover weight on left

## REPEAT

## RESTART

For Dirty Dancing track only: on 11th wall restart dance after count 28 (on count 28 you will be facing 3:00)

## ENDING

For dirty dancing track only: last wall (14th) on counts 29-30 (6:00), make a  $1 \frac{1}{2}$  turn over right shoulder (stepping right/left/right) to finish facing 12:00

