J.S. Lilt

拍數: 32 **牆數:** 2 **級數:** Advanced east coast swing

編舞者: Jenny Stephenson (UK)

音樂: Burning Love - Wynonna

SLIDE, SYNCOPATED CROSS ROCK, SCOOT BACK, TURNING TRIPLE

1-2	Slide right foot to the right, drag left foot next to right foot
3&4	Cross rock left foot forward, recover to right foot, step left foot back (stepping toward 7:30)
5&6	Tap right foot behind left foot, scoot back on left foot, step right foot back and turn 3/8 to the left (face 9:00)
7&8	Step left foot forward and turn ½ to the left, step right foot next to left foot and turn ½ to the left, step left foot forward and turn ¼ to the left (face 6:00)

SIDE ROCK, SAILOR STEP, TRIPLE FORWARD, STEP, SLIDE

1-2	Rock right foot to the right, recover on left foot
3&4	Cross right foot behind left foot, step left foot to the left, step right foot to the right and turn 1/8 turn to the right
5&6	Step left foot forward, step right foot together, step left foot forward
7-8	Big step right foot forward making 1/8 turn to the left (face 6:00), slide left foot next to right foot

OUT-OUT, BOUNCE HEELS, ¾ CURVE LEFT

&1	Step left foot to the left shoulder width apart, step right foot to the right shoulder width apart
&2	Bounce both heels off the floor and back down
&3	Bounce both heels off the floor and back down
&4	Step left foot next to right foot, cross right foot in front in left foot
5-8	Two triple steps (left, then right) making ¾ curve to the left (finish facing 9:00)

STEP, POINT, BACK & POINT, ½ RIGHT, ¼ TURN RIGHT

1-2	Step left foot forward, point right foot forward
3&4	Step right foot back, step left foot next to right foot, point right foot back
5	Make ½ turn to the right keeping weight on left foot (face 3:00)
&6	Step right foot next to left foot, small left foot step to the left
7	Make ¼ turn to the right keeping weight on left foot (face 6:00)
&8	Step right foot next to left foot, small left foot step to the left

REPEAT