

# Jackson Twist

**COPPER** KNOB  
STEPSHEETS

拍數: 42      牆數: 2      級數:  
編舞者: Pam Kaiser  
音樂: She's Got The Rhythm - Alan Jackson



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## HEELS, WIGGLE DOWN, WIGGLE UP

- 1-4      Feet together, twist heels to right and return to center, twist heels to right and return to center  
5-8      Drop left hip down, then drop right hip down, lift right hip up, lift left hip up
- 9-12      Step forward on the right, left, right, and kick left  
13-16      Step back on the left, right, left, and touch the right toe behind left heel (wing)  
17-18      Step together, touch left toe behind right heel (wing)

## VINES

- 19-22      Vine left: step left with left foot, slide right behind left, step left, scuff with right  
23-26      Vine right: step right with right foot, slide left behind right, step right and touch left toe beside right foot

## DIGS

- 27-28      Do a left heel dig and in one movement turn  $\frac{1}{4}$  to the right and do a left toe touch slightly behind right heel  
29-30      Heel dig, turn  $\frac{1}{4}$  turn, and toe touch again
- 31-34      Do 2 left heel digs to the front and 2 left toe touches to the back  
35-38      Step forward on the left, do a right scuff forward, step forward on the right, do a left scuff forward  
39-42      Step back on the left, right, left and return right home beside the left

## REPEAT

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