Jamaica Farewell

級數: Beginner

編舞者: Bill Ray (USA)

音樂: The Gulf of Mexico - Clint Black

TOE TAPS, SAILOR SHUFFLE

拍數: 32

- Tap left toe forward, tap left toe to left side 1-2
- Sailor shuffle (left-right-left) 3&4
- 5-6 Tap right toe forward, tap right toe to right side
- 7&8 Sailor shuffle (right-left-right)

FORWARD VINE, ½ TURN LEFT

- 9 Step forward on left foot while turning body 1/8 turn to the right
- 10 Cross right foot behind left foot
- 11 Step forward on left foot
- 12 Pivot 1/2 turn to left on ball of left foot and tap right toe beside left foot

STRUT STEPS FORWARD

- 13-14 Step forward with right heel, step down on right foot
- 15-16 Step forward with left heel, step down on left foot

CROSSING STEPS ("DUNKEN SAILORS")

These should be performed by pivoting 1/8 turn on the weight-bearing foot as the other foot is crossed. (pivot to left as right foot is crossed.) Hand may be held out to the sides at waist level.

- 17 Cross right foot in front of left foot and step down on right foot
- Cross left foot in front of right foot and step down on left foot 18
- 19 Cross right foot in front of left foot and step down on right foot
- 20 Cross left foot in front of right foot and step down on left foot

JAZZ BOX, ¼ TURN RIGHT

- 21 Cross right foot in front of left foot and step down on right foot
- 22 Step backward on left foot
- 23 Pivot ¼ turn to right on left foot and step down on right foot
- 24 Tap left toe beside right foot

CHA-CHA PATTERN (2)

- 25-26 Rock weight forward on left foot, rock weight backward on right foot
- 27&28 Triple step (cha-cha) in place (left-right-left)
- 29-30 Rock weight backward on right foot, rock weight forward on left foot
- 31&32 Triple step (cha-cha) in place (right-left-right)

REPEAT





牆數: 4