

Jammin'

COPPER KNOB
STEPPERS

拍數: 64 牆數: 0 級數:
編舞者: jg2 (USA)
音樂: The Big One - George Strait



FORWARD SHUFFLE & HITCH

- 1&2 Right shuffle forward (right, left, right)
- 3 Step left foot forward
- 4 Leaning back slightly, weight on left, hitch right knee
- 5-8 Repeat counts 1-4

SHUFFLES: FORWARD, ½ TURN, ¼ TURN, ½ TURN

- 9&10 Right shuffle forward (right, left, right)
- 11&12 On ball of right, make ½ turn left & shuffle (left, right, left)
- 13&14 On ball of left, make ¼ turn right & shuffle (right, left, right)
- 15&16 On ball of right, make ½ turn left & shuffle (left, right, left)

SIDE SHIMMIES (BEND KNEES & MOVE DOWN AND UP WHILE PUMPING ARMS)

- 17 Stepping right foot to right and bending knees begin to shimmy down
- 18-20 Continue to shimmy down & back up stepping left next to right on count 20
- 21 Stepping right foot to right and bending knees begin to shimmy down
- 22-24 Continue to shimmy down & back up stepping left next to right on count 24

HEEL TAPS, STOMPS, ¼ TURN

- 25-26 Tap right heel forward, step right foot next to left
- 27-28 Tap left heel forward, step left foot next to right
- 29-30 Stomp right foot next to left twice
- 31-32 Step right foot slightly forward, pivot ¼ turn to the left

RIGHT VINE, ¼ TURN

- 33-34 Step right foot to the right, cross & step left foot behind right
- 35-36 Step right foot to the right & make ¼ turn right, hitch left knee

LEFT VINE, ¼ TURN, ¼ TURN

- 37-38 Step left foot to the left, cross & step right foot behind left
- 39 Step left foot to the left & make ¼ turn left
- 40 Hitch right knee & swing around making ¼ turn to the left

FORWARD STEP & SLIDE

- 41-42 Step right foot forward, slide & step left foot next to right
- 43-44 Step right foot forward, slide & step left foot next to right
- 45-46 Step right foot forward, slide & step left foot next to right
- 47-48 Step right foot forward, stomp left foot next to right

HEEL TWISTS

- 49-50 Twist both heels to the right, twist both heels back to center
- 51-52 Twist both heels to the left, twist both heels back to center

DOWN AND UP WIGGLE (FEET TOGETHER, WEIGHT EVEN)

- 53&54 Wiggle downward (two counts)
- 55&56 Wiggle upward (two counts)

HIP BUMPS

- | | |
|-------|---|
| 57-58 | Bump hips to the right twice (weight on right, body facing slightly left) |
| 59-60 | Bump hips to the left twice (weight on left, body facing slight left) |
| 61 | Bump hips to the right (weight on right, body facing slightly left) |
| 62 | Bump hips to the left (weight on left, body facing slight left) |
| 63 | Bump hips to the right (weight on right, body facing slightly left) |
| 64 | Bump hips to left (weight on left & turn body to face forward) |

REPEAT
