In The Genes (Denim & Blues)

拍數: 64

牆數:4

級數:

編舞者: Alan Robinson (UK)

音樂: Daddy Laid the Blues On Me - Bobbie Cryner

STRUTS, SHUFFLE, ROCK, REPLACE

- 1-2 Step forward with right toe, bring weight down onto right heel
- 3-4 Step forward with left toe, bring weight down onto left heel
- 5&6 Step forward on right foot, bring left next to right, step forward on right foot
- 7-8 Rock forward on left foot, replace weight onto right

TURNING STRUTS BACK, SHUFFLE BACK, REVERSE ½ PIVOT

- 9-10 Step back with left toe turning ½ to left, bring weight down onto left heel
- 11-12 Step forward with right toe turning ½ to left, bring weight down onto right heel
- 13&14 Step back on left, bring right next to left, step back on left
- 15-16 Touch back with right toe, pivot ½ to right (keeping weight on right)

STRUTS, SHUFFLE, ROCK, REPLACE

- 17-18 Step forward with left toe, bring weight down onto left
- 19-20 Step forward with right toe, bring weight down onto right
- 21&22 Step forward on left foot, bring right next to left, step forward on left
- 23-24 Rock forward on right foot, replace weight onto left

TURNING STRUTS, SHUFFLE BACK, REVERSE ½ PIVOT

- 25-26 Step back with right toe turning ¹/₂ to right, bring weight down onto right
- 27-28 Step forward with left toe turning ½ to right, bring weight down onto left
- 29&30 Step back on right, bring left next to right, step back on right
- 31-32 Touch back with left toe, pivot ¹/₂ to left (keeping weight on left)

SIDE STRUTS, KICK BALL CROSS, ¼ SHUFFLE TURN,

- 33-34 Step right toe to right, bring weight down onto right heel
- 35-36 Step left toe across right, bring weight down onto left heel
- 37&38 Kick right foot forward, step right to right, step left across right
- 39&40 Step right to right, step left next to right, step right to right with 1/4 turn to right

¾ PIVOT, SIDE SHUFFLE, WEAVE WITH ½ TURN

- 41-42 Step forward on left, pivot ³/₄ turn to right to face original wall
- 43&44 Step left to left, bring right next to left, step left to left
- 45-46 Cross right over left, step left to left
- 47-48 Touch right toe behind left, pivot ½ to right to face back wall (keeping weight on left)

SIDE STRUTS, KICK BALL CROSS, ¼ SHUFFLE TURN

- 49-50 Step right toe to right, bring weight down onto right heel
- 51-52 Cross left toe across right, bring weight down onto left heel
- 53&54 Kick right foot forward, step right to right, step left across right
- 55&56 Step right to right, bring left next to right, step right to right with ¼ turn to right

¾ PIVOT, SIDE SHUFFLE, WEAVE WITH ¾ TURN

- 57-58 Step forward on left, pivot ³/₄ turn to right to face back wall
- 59&60 Step left to left, bring right next to left, step left to left
- 61-62 Cross right over left, step left to left





Touch right behind left, pivot ³/₄ to right to face right wall(keeping weight on left)

REPEAT

TAG After count 32 on 3rd wall, you should be facing the back wall. 2 ½ PIVOTS, ROCK & COASTER, ROCK & COASTER 1-2 Step forward on right, pivot 1/2 to left 3-4 Step forward on right, pivot 1/2 to left 5-6 Rock forward on right, replace weight on left 7&8 Step back on right, step in place on left, step forward on right 9-10 Rock forward on left, replace weight on right 11&12 Step back on left, step in place on right, step forward on left Begin again