

In The Spirit

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: Thriller - Michael Jackson



Start 48 counts from first loud drum beat immediately after footsteps

LUNGE, HOLD, RECOVER, HITCH, STOMP-UP, DIAGONAL STEPS WITH HOLDS

1-2 Lunge right to right, hold
3&4 Drag right towards left, hitch right, stomp right beside left (weight on left)
5-6 Step right diagonally forward right, hold
7-8 Step left diagonally forward left, hold

WALKS FORWARD, ½ PIVOT, HOLD, STEPS, PRESS, KICK

9-11 Walk forward right, left, right
12-13 Pivot ½ turn left, hold
&14 Step right beside left, step left forward
15-16 Press right forward, kick right forward

STEPS BACK, BACK ROCK, SHUFFLE, ¼ TURN, HOLD

17-19 Walk back stepping right, left, right
20-21 Rock left back, recover forward onto right

Moonwalk counts 17-20 by dragging weightless foot between steps

22&23 Step left forward, step right beside left, step left forward
24-25 Make ¼ turn left and step right to right, hold

½ TURN LEFT, HOLD, ½ TURN LEFT, HOLD, BEHIND, ¼ TURN, STEP

26-27 Make ½ turn left and step left to left, hold
28-29 Make ½ turn left and step right to right, hold
30 Step left behind right
31-32 Step right ¼ turn right, step left forward

For a Halloween effect claw both hands forward during counts 24-29

REPEAT