

拍數: 48 牆數: 0 級數: Partner

編舞者: Renegade Rich & Debi Krajcsovics (USA) 音樂: Whatever You Do! Don't! - Shania Twain



Position: right open promenade position facing LOD. Men and ladies are on opposite feet

MAN'S STEPS

Lady's steps are the same though opposite, except where noted in counts 33-48 BUMP HIPS RIGHT, RIGHT, LEFT, ROLL HIPS COUNTER TO THE RIGHT (RIGHT, LEFT, RIGHT, LEFT)

1-2	Bump hips right, right
3-4	Bump hips left, left
5-6	Roll hips right, left

7-8 Right, left with weight ending up on right

SHUFFLE FORWARD LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT STEP, HOLD, & STEP, & STEP

1&2	Shuffle forward left, right, left
3&4	Shuffle forward right, left, right
5-6	Step forward on left, hold for one beat
&7	Step slightly forward right, step forward left
&8	Step slightly forward right, step forward left

STEP ½ TURN ¼ TURN TRIPLE STEP SAILOR STEP, SAILOR STEP

1-2 Step forward right, step ½ left on left (releasing lady's left hand)

3&4 Triple step right & left, right in place turning 1/4 left

As you're doing your triple step both hands should come up in front of you together with your partner in the patty cake position

Step left behind right & step right next to left, step left next to right 5&6 7&8 Step right behind left & step left next to right, step right next to left

SAILOR STEP, SAILOR STEP BEHIND STEP KICK, KICK

1&2	Repeat 5&6 above
3&4	Repeat 7&8 above

5-6 Step left behind right, make ¼ turn right on right (releasing ladies right hand)

Kick left forward twice 7-8

TURN SHUFFLE, SHUFFLE, WALK, FORWARD LEFT-RIGHT-LEFT, SCUFF RIGHT

1&2 MAN: While making ½ turn to left shuffle left, right, left

LADY: Shuffle right, left, right turning ½ right

Switching from holding lady's left hand to holding right hand 3&4

MAN: Shuffle forward right, left, right

LADY: Shuffle forward left, right, left MAN: Step forward left, step forward right

5-6

LADY: Begin turn into wrap position stepping right, left

7-8 MAN: Step forward left, scuff right

LADY: Finish turn and step right, scuff left

Hold mans left hand with your right while in wrap position

SHUFFLE, SHUFFLE, STEP, STEP, IN PLACE

1&2 MAN: Shuffle forward right, left, right

LADY: Shuffle forward left, right, left

3&4 MAN: Shuffle forward left, right, left
 LADY: Shuffle forward right, left, right
5-6 MAN: Step forward right, left
 LADY: Unwrap full turn right step left, step right
7-8 MAN: Step forward right, step left beside right
 LADY: Continue to unwrap and step left, step right beside left (release man's left hand while turning)

REPEAT