Island Get-A-Way (P)

拍數: 32

級數: Partner

編舞者: Rick Bates (USA) & Deborah Bates (USA)

音樂: Island Time - Larry Joe Taylor

Position: Partners in the Double Hand Hold Position. Man faces OLOD and Lady faces ILOD. Partners on opposite footwork

MAN

SYNCOPATED SIDE ROCK STEP, TOGETHER, SYNCOPATED SIDE ROCK STEP, TOGETHER, SYNCOPATED WEAVE

- 1&2 Step to the left on left foot; rock to the right onto right foot; step left foot next to right
- 3&4 Step to the right on right foot; rock to the left onto left foot; step right foot next to left
- 5&6 Step to the left on left foot; cross right foot behind left and step; step to the left on left foot
- 7&8 Cross right foot over left and step; step to the left on left foot; cross right foot behind left and step

TURNING ROCK STEP, TOGETHER, COASTER STEP, SYNCOPATED STEP-SLIDE-STEP, SYNCOPATED SIDE-BEHIND-SIDE (PARTNERS SWITCH SIDES)

Release man's left hand and lady's right

9&10 Step to the left on left foot; pivot ¼ turn to the left on ball of right foot; step left foot next to right

Partners now in the right open promenade position facing LOD holding inside hands (man's right and lady's left)

11&12 Step back on right foot; step left foot next to right; step forward on right foot

13&14 Step forward on left foot, slide right foot next to left and step; step forward on left foot

Release man's right hand from lady's left

15&16 Step to the right on right foot; cross left foot behind right and step; step to the right on right foot

Partners now in the left open promenade position facing LOD holding inside hands (man's left and lady's right)

SYNCOPATED CROSS ROCK STEP, STEP TURN, SYNCOPATED SIDE ROCK STEP, TOUCH, SYNCOPATED SIDE-BEHIND-STEP TURN

17&18 Cross left foot in front of right; rock onto right foot in place; step a ¼ turn to the left on left foot Partners now facing each other. Man takes up lady's left hand in his right in the double hand hold position. Man faces ILOD and lady faces OLOD

19&20 Step to the right on right foot; rock to the left onto left foot; touch right foot next to left **Release man's left hand from lady's right**

21&22 Step to the right on right foot; cross left foot behind right and step; step a ¼ turn to the right on right foot

Partners return to the left open promenade position facing LOD

23&24 Step forward on left foot, slide right foot next to left and step; step forward on left foot

SYNCOPATED ROCK STEP, PIVOT TURN, SYNCOPATED MILITARY TURN, TOUCH, SYNCOPATED STEP-SLIDE-STEP(PARTNERS SWITCH SIDES), SYNCOPATED MILITARY PIVOT, FORWARD STEP Release inside hands (man's left and lady's right)

25&26 Step forward on right foot; pivot ½ turn to the right on ball of left foot; step forward on right foot

Partners facing RLOD

27&28 Step forward on left foot; pivot ¼ turn to the right on ball of right foot; touch left foot next to right

Partners now facing each other. Lady slightly to the right of man. Man faces ILOD and lady faces OLOD 29&30 Step forward on left foot, slide right foot next to left and step; step forward on left foot





牆數:0

31&32 Step forward on right foot; pivot ½ turn to the right on ball of left foot; step forward on right foot

Partners have now switched sides. Man takes up lady's hands in his in the double hand held position. Man faces OLOD and lady faces ILOD

REPEAT

LADY

SYNCOPATED SIDE ROCK STEP, TOGETHER, SYNCOPATED SIDE ROCK STEP, TOGETHER, SYNCOPATED WEAVE

- 1&2 Step to the right on right foot; rock to the left onto left foot; step right foot next to left
- 3&4 Step to the left on left foot; rock to the right onto right foot; step left foot next to right
- 5&6 Step to the right on right foot; cross left foot behind right and step; step to the right on right foot
- 7&8 Cross left foot over right and step; step to the right on right foot; cross left foot behind right and step

TURNING ROCK STEP, TOGETHER, COASTER STEP, SYNCOPATED STEP-SLIDE-STEP, SYNCOPATED SIDE-BEHIND-SIDE (PARTNERS SWITCH SIDES)

Release man's left hand and lady's right

9&10 Step to the right on right foot; pivot ¼ turn to the right on ball of left foot; step right foot next to left

Partners now in the right open promenade position facing LOD holding inside hands (man's right and lady's left)

11&12 Step back on left foot; step right foot next to left; step forward on left foot

13&14 Step forward on right foot, slide left foot next to right and step; step forward on right foot **Release man's right hand from lady's left**

15&16 Step to the left on left foot; cross right foot behind left and step; step to the left on left foot Partners now in the left open promenade position facing LOD holding inside hands (man's left and lady's right)

SYNCOPATED CROSS ROCK STEP, STEP TURN, SYNCOPATED SIDE ROCK STEP, TOUCH, SYNCOPATED SIDE-BEHIND-STEP TURN

17&18 Cross right foot in front of left; rock onto left foot in place; step a ¼ turn to the right on right foot

Partners now facing each other. Man takes up lady's left hand in his right in the double hand hold position. Man faces ILOD and lady faces OLOD

19&20 Step to the left on left foot; rock to the right onto right foot; touch left foot next to right **Release man's left hand from lady's right**

21&22 Step to the left on left foot; cross right foot behind left and step; step a ¼ turn to the left on left foot

Partners return to the left open promenade position facing LOD

23&24 Step forward on right foot, slide left foot next to right and step; step forward on right foot

SYNCOPATED ROCK STEP, PIVOT TURN, SYNCOPATED MILITARY TURN, TOUCH, SYNCOPATED STEP-SLIDE-STEP(PARTNERS SWITCH SIDES), SYNCOPATED MILITARY PIVOT, FORWARD STEP Release inside hands (man's left and lady's right)

25&26 Step forward on left foot; pivot ½ turn to the left on ball of right foot; step forward on left foot 27&28 Step forward on right foot; pivot ¼ turn to the left on ball of left foot; touch right foot next to left

Partners now facing each other. Lady slightly to the right of man. Man faces ILOD and lady faces OLOD

29&30 Step forward on right foot, slide left foot next to right and step; step forward on right foot 31&32 Step forward on left foot; pivot ½ turn to the left on ball of right foot; step forward on left foot

Partners have now switched sides. Man takes up lady's hands in his in the double hand held position. Man faces OLOD and lady faces ILOD

REPEAT