Island Time (P)

拍數: 64

級數: Partner

編舞者: Diane Jackson (UK)

音樂: Island Time - Larry Joe Taylor

Position: Starting in Right dancing skaters. Man's right hand on Lady's right hip

RUMBA BOX STEPS MOVING FORWARD

- 1-4 Step left to left, slide right next to left, step left forward, hold
- 5-8 Step right to right, slide left next to right, step right forward, hold

STEP LOCK STEP, BRUSH TWICE

- 9-12 Step forward on left, lock right up behind left, step forward on left, brush right
- 13-16 Step forward on right, lock left up behind right, step forward on right, brush left

MAMBO TWICE, HOLD

- 17-20 Rock forward on left, rock back onto right, step together with left, hold
- 21-24 Rock back on right, rock forward onto left, step together with right, hold

STEP PIVOT ½ TURN. ½ TURN HOLD ROCK STEP, STEP FORWARD, HOLD

Release left hands gent turns under his right arm ending in side by side (sweetheart)

- 25-28 Step forward on left, pivot $\frac{1}{2}$ turn right, pivot another $\frac{1}{2}$ turn right, on right, step back on left, hold
- 29-32 Rock back on right, recover onto left, step forward onto left. Hold

SIDE TOGETHER SIDE, TOUCH. SIDE TOGETHER ¼ TURN TOUCH

- 33-36 Step left to left side, slide right next to left, step left to left side, touch right next to left
- 37-40 Step right to right side, slide left next to right, step right to right side turning ¼ turn right, touch left next to right

Man will end behind lady, both facing OLOD. Indian position

(Lady's option, three step turn right, under gents right arm right-left-right ¼ turn right touch left)

SIDE TOGETHER ¼ TURN RLOD HOLD, BACK LOCK BACK, HOLD

41-44 Step left to left side, slide right next to left, step left to left turning ¼ turn right to face RLOD hold

Lady now on man's left in side by side

45-48 Step back on right, slide left back across right, step back on right, hold

COASTER STEP HOLD STEP PIVOT ½ TURN, STEP HOLD

- 49-52 Step back on left, step right next to left step forward on left hold
- 53-56 Step forward on right, pivot 1/2 turn left, step forward on right, hold

Back into skaters position

HIP BUMPS HOLD TWICE

- 57-60 Step slightly forward on left at same time bump hips left-right-left hold
- 61-64 Step slightly forward on right at same time bump hips right-left-right hold

REPEAT





牆數: 0