

Isn't She Lovely

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Denise Boyle (USA)
音樂: Isn't She Lovely - Jake Simpson



RIGHT KNEE IN OUT, SHUFFLE RIGHT-LEFT-RIGHT, LEFT FOOT BEHIND RIGHT, HALF TURN LEFT, RIGHT COASTER

1-2 On ball of right foot turn right knee into left knee and then out from left knee turning a ¼ turn right

Keep weight on left foot during the knee swivels

3&4 Shuffle forward - step right, together with left, step right

5-6 Tap left foot behind right and turn ½ turn left, transfer weight on left foot (facing 9:00)

7&8 Coaster step - back right, together left, forward right

LEFT KNEE IN OUT, SHUFFLE LEFT-RIGHT-LEFT, RIGHT FOOT BEHIND LEFT, HALF TURN RIGHT, LEFT COASTER

1-2 On ball of left foot turn left knee into right knee and then out from right knee turning a ¼ turn left

Keep weight on right foot during knee swivels

3&4 Shuffle forward - step left, together with right, step left

5-6 Tap right foot behind left and turn ½ turn right, transfer weight on right foot (facing 12:00)

7&8 Coaster step- back left, together right, forward left

RIGHT BRUSH HITCH, STEP, LEFT BRUSH HITCH, STEP LEFT, BACK RIGHT COASTER, HOLD

1&2 Brush right foot slightly lifting knee up, step right foot down

3&4 Brush left foot slightly lifting knee up, step left foot down in front of right foot

5-6-7 Coaster step - back right, together left, forward right

8 Hold

LEFT BRUSH HITCH, STEP, RIGHT BRUSH HITCH, STEP RIGHT, BACK LEFT COASTER, TAP RIGHT TOE BEHIND LEFT FOOT

1&2 Brush left foot slightly lifting knee up, step left foot down

3&4 Brush right foot slightly lifting knee up, step right foot down in front of left foot

5-6-7 Coaster step - back left, together right, forward left

8 Tap right toe behind left foot

STEP RIGHT, LEFT KICK BALL CROSS, LEFT KICK BALL CROSS, STEP LEFT, RIGHT SAILOR, SYNCOPATED RIGHT VINE

&1&2 Step back right, kick left foot forward, step left next to right, cross right over left

3&4 Kick left foot forward, step left next to right, cross right over left

5 Step left

6&7 Step right behind left, step left, step to the right side

8&1 Step left behind right, step right to right cross left over right

CROSS STEPS WITH HOLDS, LARGE STEP RIGHT, SLIDE LEFT THEN SYNCOPATED RIGHT VINE

2&3-4 Hold, right foot to right side, cross left over right, hold

5-6 Large step to the right, slide left foot toward right (keeping your weight on right foot)

7&8 Step left behind right, step right foot to right, step left foot over right

HALF TURN LEFT, STYLING- HIP CIRCLES TO THE LEFT AS YOU ARE TURNING

1-2 Step ball of right foot forward, turn an eighth (1/8) left shifting weight to left foot

3-4 Step ball of right foot forward, turn an eighth (1/8) left shifting weight to left foot

5-6 Step ball of right foot forward, turn an eighth (1/8) left shifting weight to left foot
7-8 Step ball of right foot forward, turn an eighth (1/8) left shifting weight to left foot

STEP RIGHT, HOLD, CROSS & CROSS, POINT RIGHT, RIGHT KNEE IN OUT, HOLD 2 COUNTS

1-2 Step right, hold

Lean into right foot with right knee slightly bent

&3&4 Cross left over right, step right foot to right side, cross left over right, point right foot to right side

5-6 Right knee in, right knee out

7-8 Hold these 2 counts

REPEAT

ENDING

Do the first 8 counts and then the next 5. On the 6th count, your palms go out at chest level. You should be facing front wall
