

I'm From The Country

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Rita M. Kyle (USA)
音樂: I'm from the Country - Tracy Byrd



STEP LEFT, SLAP RIGHT FOOT, STEP RIGHT, HITCH AND SLAP LEFT

- 1 Step forward left
- 2 Slap right foot behind left leg with left hand
- 3 Step back right
- 4 Hitch left and slap left knee with left hand

STEP LEFT, RIGHT, LEFT, HITCH, SLAP

- 5 Step forward left
- 6 Step forward right
- 7 Step forward left
- 8 Hitch right and slap knee with right hand

STEP RIGHT, SLAP LEFT FOOT, ¼ TURN, STEP LEFT, HITCH SLAP RIGHT

- 9 Step forward right
- 10 Slap left foot behind right leg with right hand
- 11 ¼ turn left and step forward left
- 12 Hitch right and slap right knee with right hand

RIGHT STRUT, LEFT STRUT

- 13 Right heel forward
- 14 Snap right toe down
- 15 Left heel forward
- 16 Snap left toe down
- 17 Step forward right
- 18 ¼ turn left
- 19 Step forward right
- 20 ¼ turn left

RIGHT HEEL STRUT, LEFT TOE STRUT

- 21 Right heel forward
- 22 Snap right toe down
- 23 Left toe beside right
- 24 Snap left heels down
- 25-28 Two heel splits
- 29-30 Toe splits
- 31-32 Heel splits

RIGHT VINE, SLAP BEHIND, LEFT VINE, ¼ TURN KNEE SLAP

- 33-36 Vine right, slap left with right behind right
- 37-40 Vine left, turn ¼ over left shoulder, slap right knee with right hand

RUNNING MAN IN PLACE, BACK RIGHT, LEFT, RIGHT HITCH, SLAP LEFT

- 41 Step right ball forward
- & Slice right back, lifting left as you slide
- 42 Step left ball forward
- & Slide left back as you lift right as you slide

- 43 Step right ball forward
& Slide right back, lifting left up as you slide
44 Step left ball
& Slide left back lifting right as you slide
45 Step back right
46 Step back left
47 Step back right
48 Hitch left and slap knee with left hand

When the phrase "We're from the county" is repeated twice, do counts 1-4 twice.

REPEAT
