If

拍數: 0　　　　牆數: 1　　　　級數: Intermediate

編舞者: EmCee (UK)

音樂: If You Come To Me - Atomic Kitten

Sequence: AB, AB, AB, B

PART A
BACK, BACK, ROCK RECOVER STEP, ROCK RECOVER STEP, SAILOR TURN

1-2	Step left back, step right back
3&4	Rock left behind right, recover weight on right, step left to left side
5&6&	Rock right behind left, recover weight on left, step right to right side
7&8	Sweep left out ¼ turn left and step behind right, step right in place, step left forward (9:00)

STEP TURN STEP, SCISSOR STEP, SCISSOR STEP, LOCK STEP

1&2	Step forward on right, ½ turn left step on left, step forward on right (3:00)
3&4	Rock left out to left side, recover weight on right, cross left in front of right
5&6	Rock right to right side, recover weight on left, cross right in front of
7&8	Lock step forward left right left

ROCK RECOVER TURN, MAMBO STEP, MAMBO STEP, ROCK RECOVER TURN

1&2	Rock forward on right, recover weight on left, ¼ turn right step forward on right (6:00)
3&4	Step forward on left, step right in place, step back on left
5-6	Step back on right, step left in place, step forward on right
7&8	Rock forward on left, recover weight on right, ¼ turn left step forward on left (3:00)

ROCK RECOVER, SHUFFLE BACK, ROCK RECOVER TURN

1-2	Rock forward on right, recover weight on left
3&4	Step back on right, step left next to right, step back on right
5&6	Rock back on left, recover weight onto right
7&8	Rock forward on left, recover weight onto right ¼ turn left step forward on left (12:00)

ROCK RECOVER ¾ TURNING SHUFFLE, ROCK RECOVER, ¾ TURNING SHUFFLE

1-2	Rock forward on right, recover weight onto left
3&4	¼ turn right step on right, ¼ turn right step on left, ¼ turn right step forward on right (9:00)
5-6	Rock forward on left, recover weight on right
7&8	¼ turn left step on left, ¼ turn left step on right, ¼ turn left step forward on left (12:00)

WALK WALK, SCISSOR STEP, SIDE TURN, COASTER STEP, TOUCH

1-2	Step forward on right, step forward on left
3&4	Rock right to right side, recover weight on left, cross right in front of left
5-6	Step left to left side, ¼ turn right step on right (3:00)
7&8&	Step back on left, step right next to left, step left forward, touch right next to left

PART B
WEAVE, ROCK RECOVER, BEHIND SIDE CROSS

1&2&	Step right to right side, step left behind right, step right to right side, cross left in front of right
3&4&	Step right to right side, step left behind right, step right to right side, cross left in front of right
5-6	Sway out onto right, sway on left
7&8	Step right behind left, step left to left side, cross right in front of left

SWAY, SWAY, TURNING SAILOR STEP, SWAY, SWAY, COASTER STEP, TOUCH

1-2	Sway out onto left, sway back onto right
3&4	Step left behind right, ¼ turn left step right in place, ¼ turn left step on left (9:00)
5-6	Sway out onto right, sway back onto left
7&8&	Step right back slightly behind left, step left next to right, step forward on right, touch left next to right

WEAVE, ROCK RECOVER, BEHIND SIDE CROSS

1&2&	Step left to left side, step right behind left, step left to left side, cross right in front of left
3&4&	Step left to left side, step right behind left, step left to left side, cross right in front of left
5-6	Sway out onto left, sway on right
7&8	Step left behind right, step right to right side, cross left in front of right

SWAY, SWAY, SAILOR TURN, ROCK RECOVER, COASTER

1-2	Sway out onto right, sway back onto left
3&4	Step right behind left, ¼ turn right step left in place, ¼ turn right step on right (3:00)
5-6	Rock forward on left, recover weight back on right
7&8	Step left back slightly behind right, step right next to left, step forward on left

TAG
Here you sway right, left, ¼ turn left, step on right, touch left next to right but omit between choruses