I Hope You Dance



拍數: 32 牆數: 4 級數: Intermediate/Advanced

編舞者: Dave Morgan (UK)

音樂: I Hope You Dance - Lee Ann Womack



STEP, BEHIND, STEP, STEP, BEHIND, STEP, ROCK FORWARD & BACK &FORWARD & ½ TURN RIGHT

1-2&	Step right forward 45 degrees right, step left behind right, quickly step right beside left
3-4&	Step left forward 45 degrees left, step right behind left, quickly step left beside right
5&6&	Rock forward on right, recover weight on left, rock back on right, recover weight on left
7&8	Rock forward on right, rock back on left while making ½ turn right, step right forward

ROCK FORWARD, BACK, 1 ½ TURN BACK, STEP RIGHT ½ PIVOT, LUNGE & TORQUE,

9-10 Rock forward on left, recover weight on right, preparing to turn left

11&12 Make ½ turn left stepping on left, make ½ turn left stepping back on right, make ½ turn left

stepping forward on left

You will have completed 1 ½ turn traveling backwards

13-14 Step right forward pivot ½ turn left

15&16 Lunge forward on ball of right, recover weight on left, step right foot back into 3rd position,

while pointing left toe forward with heel raised

STEP FORWARD, RONDE ¾ TURN LEFT, SWEEP RIGHT BEHIND LEFT TURNING 306 DEGREES RIGHT, SWAY LEFT, RIGHT, LEFT & POINT

&17-18	Step left forward, on ball of left make ¾ turn left, sweeping right foot out and arou	าd
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19-20 Flick right foot out to right side, take right behind left turning full turn right

21-22-23 Sway hips left, right, left

&24 Step right behind left, pointing left out to left side,

CROSS BACK, BACK, ROCK RIGHT, 1/4 LEFT, 1/2 TURN FORWARD, ROCK BACK AND TOGETHER

25&26	Cross left in front of right making 1	4 turn left, step back right, step back left
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27-28 Rock right to right side, recover weight onto left making ¼ turn left

29&30 Step right forward making ½ turn left, make ½ turn left stepping left forward, make ½ turn left

stepping back right

31&32 Rock back on left, recover weight on right, step left beside right

REPEAT

TAG

At the end of the second wall, only when dancing to "I Hope You Dance"

1-2	Step rial	nt to riaht	t side. Ster	left behind right

&3&4 Step right to right side, Cross left in front of right, Step right to right side, pivoting on ball of

right ½ turn left, Step left beside right

5&6 Cross right over left, recover weight on to left, step right beside left
7&8 Cross left over right, recover weight on to right, step left beside right

9-16 Repeat steps 1-8