I Said I Love You

拍數: 68

級數: Intermediate

編舞者: Teresa Lawrence (UK) & Vera Fisher (UK)

音樂: I Said I Love You - Raul Malo

Dedicated to Isabel with love from her husband Brian on Valentines Day 2002

RHUMBA BOX TWICE

- 1-4 Step left to left side, step right next to left, step forward on left, hold
- 5-8 Step right to right side, step left next to right, step back on right, hold

SIDE CROSS SIDE KICK. SIDE CROSS ¼ KICK

- 1-4 Step left to left side, cross right over left, step left to left side, kick right forward to right diagonal
- 5-8 Step right to right side, cross left over right, making ¼ turn left step back on right, kick left forward

MAMBO BACK. MAMBO FORWARD

- 1-4 Rock back on left, replace weight on right, bring left next to right, hold
- 5-8 Rock forward on right, replace weight on left, bring right next to left, hold

Footwork is the same as normal "mambo" steps but without the "&" counts

LEFT LOCK BACK, TRIPLE FULL TURN

- 1-4 Step back on left, lock right across & in front of left, step back on left, hold
- 5-8 Making a full turn right do a triple stepping right, left, right, hold on count 4

Alternative for full turn: coaster step, hold on count 4

SIDE ROCK REPLACE CROSS HOLD. SIDE ROCK REPLACE CROSS HOLD

- 1-4 Rock left to left side, replace weight on right, cross left over right, hold
- 5-8 Rock right to right side, replace weight on left, cross right over left, hold

WEAVE LEFT FOR 8 COUNTS ENDING WITH A TOUCH

1-8 Step left to left side, cross right behind left, step left to left side, cross right over left, step left to left side, cross right behind left, step left to left side, touch right next to left

SIDE BEHIND ¼ HOLD. ½ TURN RIGHT, STEP FORWARD HOLD

Step right to right side, cross left behind right, making ¼ turn right step forward on right, hold
Step forward on left, make ½ turn right placing weight on right, step forward on left, hold

TRIPLE FULL TURN. MAMBO BACK

- 1-4 Making full turn left do a triple stepping right, left, right, hold on count 4
- 5-8 Rock back on left, replace weight on right, bring left next to right, hold

Alternative for full turn: coaster step, hold on count 4

HIP BUMPS

1-4 Bump hips left, right, left, right with attitude!

REPEAT

RESTARTS

Walls 3 and 7: on wall three the music will change to just instrumental, you will do the first 32 counts of the dance up to left lock back & full turn triple, then you will start dance again facing 9:00 wall. On wall 7 you just take out the hip bumps & start the dance from the beginning again on 9:00 wall.





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牆數:4