

Hustle Bump Shuffle Stomp

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Ron Holda (USA)
音樂: I Left Something Turned On At Home - Trace Adkins



2 KICK BALL CHANGES, STOMP, HITCH, 2 KICKS, COASTER STEP, STEP PIVOT ¼ TO THE LEFT

- 1&2 Kick left foot forward-step on ball of left foot and raise right foot slightly off floor-step right foot in place
3&4 Kick left foot forward-step on ball of left foot and raise right foot slightly off floor-step right foot in place
5-6 Stomp up left foot- hitch left knee (keep knee up)
7-8 Kick left foot forward (from knee) twice
9&10 Left coaster step (step back on left foot-step back on right foot-step forward on left foot)
11-12 Step forward on right foot--pivot ¼ to the left on balls of both feet and shift weight to left foot

2 KICK BALL CHANGES, STOMP, HITCH, 2 KICKS, COASTER STEP, STEP PIVOT ½ TO THE RIGHT

- 13&14 Kick right foot forward-step on ball of right foot and raise left foot slightly off floor-step right foot in place
15&16 Kick right foot forward-step on ball of right foot and raise left foot slightly off floor-step right foot in place
17-18 Stomp up right foot--hitch right knee
19-20 Kick right foot forward (from knee) twice
21&22 Step back on right foot-step back on left foot-step forward on right foot
23-24 Step forward on left foot- pivot ½ to the right on balls of both feet and shift weight to right foot.

SHUFFLE FORWARD, STEP FORWARD, TOUCH TOGETHER, HIP BUMPS

- 25&26 Shuffle forward (step forward on left foot-step together on right foot-step forward on left foot)
27-28 Step forward on right foot--touch left foot together
29-30 Bump hips left twice
31-32 Bump hips right twice

LEFT TOUCH ¼ TO THE LEFT BACK PIVOT BACK TOUCH MONTEREY

- 33 Touch left toe to left
34 Pivot ¼ to the left on ball of right foot and lower right heel (left is slightly forward with weight on right)
35-36 Step back on left foot--touch right foot together
37-38 Touch right toe to right--pivot ½ to the right on ball of left and step right foot together
&39 Rock left on ball of left foot-step slightly right on right foot
40 Step left foot together

SWIVET RIGHT SWIVET LEFT HEEL TOUCH TOE TOUCH ¼ PIVOT TO THE LEFT STOMP

- 41-42 Swivet right-(on heel of right and ball of left swivel 1/8 to the right then back to center)
43-44 Swivet left-(on heel of left and ball of right swivel 1/8 to the left then back to center)
45-46 Touch left heel forward--touch left toe back
47 Pivot ¼ to the left on left toe and ball of right foot and lower left heel shifting weight to left foot
48 Stomp right foot together

REPEAT