

I Ain't Cryin'

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Lana Harvey (USA)
音樂: There'll Be No Teardrops Tonight - Big House



The song "There'll Be No Teardrops Tonight" by Big House has a 16 count intro, then 64 counts at 94 beats per minute (bpm), then switches to 125 bpm for rest of the song. It is probably best to start on the faster music, though it is a bit abrupt. Or you can do 2 slow patterns first. If you dance the slow, it will take a bit of listening to do the change, but it gives you a couple of "practice" patterns before the music takes off.

SHUFFLE, WALK, WALK, SHUFFLE, ROCK FORWARD, BACK

- 1&2 Shuffle forward left-right-left
- 3-4 Small walking steps forward right, left
- 5&6 Shuffle forward right-left-right
- 7-8 Rock forward onto left, rock back onto right

FULL BACK TURN, ½ TURN SHUFFLE, FORWARD, BACK, ¼ TURN, STEP

- 9 Pivoting ½ turn left on ball of right, step forward on left
- 10 Pivoting ½ turn left, step back on right
- 11&12 Stepping in place left-right-left make ½ turn left
- 13-14 Rock forward onto right, rock back onto left
- 15 Turning ¼ to right, step right to right side
- 16 Step forward on left

ROCK FORWARD, HOLD, BACK STEP SLIDE, COASTER, FORWARD SHUFFLE

- 17-18 Light stomp forward onto right turning body and toes slightly left, hold
- 19 Step back left still facing slightly left
- 20 Slide right back next to left
- 21 Step back on left, straightening out to front
- &22 Step right next to left, step forward left
- 23&24 Shuffle forward right-left-right

CROSS SHUFFLE, SIDE SHUFFLE, CROSS, BACK, HEEL, CLOSE, CROSS, ¼ TURN

- 25&26 Crossing left over right, shuffle to right keeping feet crossed
- 27&28 Uncross feet and side shuffle right-left-right to right side
- 29& Cross step left over right, step back right
- 30& Touch left heel forward, step left next to right
- 31 Cross right over left
- 32 Turn ¼ turn to left on balls of both feet ending with weight on right

REPEAT