# I Ain't Had No Lovin'



拍數: 32 牆數: 4 級數: Improver

編舞者: Judith Campbell (NZ)

音樂: Ain't Had No Lovin' - Marie Haslemore



#### TWO SWIVEL WALKS - SHUFFLE FORWARD

1-2	Two swivel walks	forward on h	halls of feet right. I	eft (the back :	foot will swivel slightly)

3&4 Shuffle forward on right (right-left-right)5-6 Two swivel walks forward left, right

7-8 Step forward on left, hold

### SHUFFLE TO RIGHT SIDE - ROCK RECOVER - STEP - ½ PIVOT - STEP HEEL

1&2 Shuffle to right side (right-left-right)

3-4 Rock back onto left foot, rock forward on right

&5-6 Step left next to right (&), step forward on right, ½ pivot to left.(weight on left)

7-8 Step back on right foot, place left heel forward.

## ROCK FORWARD RECOVER - STEP - HOLD - ROCK RECOVER - SAILOR

1-4 Rock forward on left, recover on right, step back on left, hold

5-6 Step/rock right to right, recover onto left,

7&8 Step right behind left, step left to left, step right in place (sailor)

# SAILOR SHUFFLE - THREE 1/4 PIVOTS

1&2 Step left behind right, step right to right, step left in place (sailor)

3-4 Step forward on right, ¼ pivot to left
5-6 Step forward on right, ¼ pivot to left
7-8 Step forward on right, ¼ pivot to left

#### **REPEAT**