A Hop, Skip And A Vine

級數: Intermediate

編舞者: Sheila Smith (CAN)

音樂: Back In Your Arms Again - Lorrie Morgan

Skips are counted as double syncopations-a triple time move counted as "1&a2", where there is a hop or push-off on the '&' count, and the landing happens on the 'a' count.

STEP, HOP, STEP, HOP, ¼ TURN, ¼ TURN-REPEAT

- 1-2 Step right foot forward, step left foot forward
- & Hop off left foot

拍數: 56

- Land on left foot а
- 3-4&a Repeat 1-2&a
- 5& Step right foot forward, pivot 1/4 turn to left
- 6 Replace weight onto left
- 7&8 Repeat 5&6 (now facing 6 o'clock)
- 9-16 Repeat 1-8 (now facing 12 o'clock)
- & Hop off left foot
- Land on left foot а

JAZZ BOX, VINE RIGHT, STOMP (UP-LEFT HEEL)

- 17-18 Step right foot in front of and across left, step left foot straight back
- 19-20 Step right to right side, step left in front of and across right
- & Hop off left foot
- Land on left foot а
- 21-22 Step right to right side, step left foot behind and across right
- 23-24 Step right foot to right side, stomp up left heel beside right

BALL, CROSS, STOMP (UP-LEFT HEEL), BALL, CROSS FULL TURN TURNING VINE TO LEFT, STOMP UP TWICE (RIGHT TOE IN / RIGHT TOE OUT)

- &a Step toe/ball of left foot slightly to left of right foot
- 25 Step right foot in front of and across left
- 26 Stomp up left heel to left of and beside right
- Step toe/ball of left foot slightly to left of right foot &a
- 27 Step right foot in front of and across left
- 28 Step left foot to left with 1/4 turn to left (toward 9 o'clock)
- Pivot ¼ turn to left (now facing 6 o'clock) &
- 29& Step onto right foot, pivot 1/2 turn to left
- 30 Step onto left foot (now facing 12 o'clock)

Counts 28, 29, 30-foot pattern, left right left, travels towards 9 o'clock, while turning 1/4, 1/4, 1/2)

- Stomp up right foot with right toe turned in 31
- 32 Stomp up right foot with right toe turned out

THREE ZIG ZAG STEP TOUCHES & CLAPS, ROCK FORWARD, ROCK BACK

- 33 Step diagonally forward and to right with right foot (to face 1:30)
- 34 Touch left toe/ball to instep of right foot and clap
- 35 Step diagonally forward and to left with left foot (to face 10:30)
- 36 Touch right toe/ball to instep of left foot and clap
- 37 Step diagonally forward and to right with right foot (to face 1:30)
- 38 Touch left toe/ball to instep of right foot and clap
- & Pivot 1/8 turn to right (now facing 12 o'clock)





牆數: 4

- 39 Step forward into left foot (take weight-leaving right toe on floor)
- 40 Replace weight onto right foot

THREE ALTERNATING SIDE SHUFFLES, PIVOT TURN

- & Turn ¼ to left (facing 9 o'clock)
- 41& Step left foot to left side, colse right foot to left
- 42& Step left foot to left side, pivot ½ to right (now facing 3 o'clock)
- 43& Step right foot to right side, close left foot to right
- 44& Step right foot to right side, pivot ½ to left (now facing 9 o'clock)
- 45& Step left foot to left side, close right foot to left
- 46 Step left foot to left side

Counts 41-46 are three shuffles-left-right-left-right-left-right-left that travels towards 6 o'clock while alternating facing direction by ½ turn each time)

- 47& Step forward onto right foot, pivot ½ turn to left
- 48 Replace weight onto left foot

FORWARD LOCK STROLL, STOMP UP, "VAUDEVILLE" RIGHT & LEFT, HEEL TAP LEFT

- 49 Step right foot forward
- 50 Slide left foot up to and to right side of right foot (take weight)
- 51 Step right foot forward
- 52 Stomp up left heel beside right
- &a Jump weight slightly left diagonally backward onto left foot
- 53 Tap right heel to right forward diagonal (no weight)
- &a Jump weight onto right foot beside and to right of left foot
- 54 Step left foot behind and across right (take weight onto left)
- &a Jump weight onto right foot beside and to right of left foot
- 55-56 Tap left heel diagonally forward, twice
- &a Step left beside right (take weight), ready to start again

REPEAT