Hot Boots

拍數: 64

級數: Improver

編舞者: Cathleen Bossaller (USA)

音樂: Hot Boots - Takin' Chances

SIDE, TOGETHER, FORWARD, HOLD; SIDE, TOGETHER, ½ TURN, HOLD

- Step left foot to left side, step right beside left, step left forward, hold 1-4
- 5-8 Step right foot to right side, step left beside right, step right back making ¹/₂ turn right, hold
- 9-16 Repeat steps 1-8

JAZZ BOX WITH HOLD COUNTS

- 1-4 Step left foot across right, hold, step right back, hold
- 5-8 Step left foot in long step to left side, hold, drag right foot slowly (2 counts) to left foot keeping weight on left foot

WALKS FORWARD: HEEL BOUNCES

- 1-4 Walk forward on right foot, hold, walk forward on left foot, hold
- 5-8 Step right foot forward next to left foot, bounce both heels in place three times

MONTEREY TURN; ROCK, ROCK, CROSS, HOLD

- Touch right toe to right side, step right foot beside left foot while making 1/2 turn right on ball of 1-4 left foot, touch left toe to left side, step left foot beside right foot
- 5-8 Rock right to side, replace weight on left, cross right over left, hold

ROCK, ROCK, CROSS, HOLD; 1/2 TURN, STEP BACK, SLIDE

- 1-4 Rock left to side, replace weight on right, cross left over right, hold
- Step forward on right foot, pivot 1/2 turn left (end weight on left foot), take long step back on 5-8 right foot, slide left back to right foot (keeping weight on right foot)

CAMEL WALKS: HEEL SWIVELS

- 1-4 Step forward on left foot, slide right foot forward to left (end weight on right foot). Step forward on left foot, slide right foot beside left foot (end weight distributed on both feet)
- 5-8 Swivel heels to right, swivel heels back to center, hold for 2 counts

RIGHT STOMPS: HIP SWAYS

- 1-4 Stomp right foot twice, hold for 2 counts
- 5-8 Sway hips left, right, left, right,

REPEAT

FINISH

When dancing to the suggested music, "Hot Boots" by Takin' Chances, the final 16 steps of the dance are repeated twice (tag) following the last verse of the song, which begins, "while the band keeps playing..". This will keep you dancing as the song fades out.





牆數: 1