

Hot Foot Cowboy

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 4 級數: Intermediate
編舞者: John Robinson (USA)
音樂: I Want a Cowboy - Katrina Elam



TRAVELING APPLEJACK (MOVING RIGHT), RIGHT KICK & POINT, LEFT SAILOR TURNING ¼ LEFT, RIGHT BRUSH-STEP-TOUCH

- 1 Weight on ball of left and heel of right, fan left heel in to right and right toe out to right
- & Weight on heel of left and ball of right, fan left toe in to right and right heel out to right
- 2 Weight on ball of left and heel of right, fan left heel in to right and right toe out to right, finish with weight on left
- 3&4 Right kick forward, right step next to left, left toe point side left
- 5&6 Left step ball of foot behind right, right step ball of foot side right starting ¼ turn left, left step forward finishing ¼ turn left (9:00)
- 7&8 Right brush ball of foot forward, push off left to "leap" forward onto right, left touch next to right

LEFT SIDE ROCK & KICK & RIGHT SIDE ROCK-RECOVER-¼ TURN RIGHT, LEFT SIDE STEP, RIGHT TAP BEHIND, RIGHT SIDE STEP, LEFT TAP BEHIND

- 1&2& Left rock ball of foot side left, recover to right, left low kick forward, left step next to right
- 3&4 Right rock ball of foot side right, recover to left turning ¼ right (12:00), right step next to left
- 5-6 Left step side left, right tap toe behind left heel opening body to 1:30
- 7-8 (Squaring up to 12:00) right step side right, left tap toe behind right heel opening body to 10:30

Footwork option: change the taps to syncopated rocks

- 5-6& Step side left, right rock ball of foot behind left heel, recover to left
- 7-8& Repeat opposite footwork

DIAGONAL WALK FORWARD 2 STEPS, FORWARD MAMBO, WALK BACK 2 STEPS, SAILOR TURNING ¼ RIGHT WITH STOMP

- 1-2 Left step diagonally forward toward 10:30, right step diagonally forward toward 10:30
- 3&4 Left rock ball of foot forward to 10:30, recover to right, left step next to right
- 5-6 Right step diagonally back toward 4:30, left step diagonally back toward 4:30
- 7&8 Right step ball of foot behind left starting ¼ turn right, left step ball of foot side left finishing ¼ turn right (3:00), right stomp next to left

REPEAT

ENDING

At end of song, you'll be at the back wall when you get to the brush-step-touch (7&8 of first set of 8). Turn to face the front wall as you do the step-touch.

Add a lot of body movement and styling to this dance to make it funky. Thank you to Brenda Jones for naming the dance.