High Fever



拍數: 32 牆數: 4 級數:

編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)

音樂: Island Fever - Jimmy Buffett



ROCK STEPS, RECOVERS, FULL TURN TO THE LEFT SHUFFLE, 3/4 TURN TO THE RIGHT SHUFFLE

1-2 Rock forward on left recover on right

3&4 Step left making ½ turn to the left, step right making ½ turn to the left, step left next to right

5-6 Rock forward on right, recover on left

7&8 Step right making ½ turn to the right, step left making ¼ turn to the right, step right next to left

ROCK STEPS, RECOVERS, MODIFIED SAILOR STEPS

1-2 Rock left to left side, recover on right

3&4 Step left behind right, step right to right side, cross left over right

5-6 Rock right to right side, recover on left

7&8 Step right behind left, step left to left side, step forward on right

FORWARD STEP, ½ TURN TO THE RIGHT, ½ TURN TO THE RIGHT SHUFFLE, ROCK STEP, RECOVER, ½ TURN TO THE LEFT SHUFFLE

1-2 Step forward on left, step right making ½ turn to the right

3&4 Step left making ¼ turn to the right, step right making ¼ turn to the right, step left next to right

5-6 Rock back on right, recover on left

7&8 Step right making ¼ turn to the left, step back on left making ¼ turn to the left, step right next

to left

ROCK STEPS, RECOVERS, FORWARD SHUFFLE, COASTER STEP

1-2 Rock back on left, recover on right 3&4 Forward shuffle, left, right, left

5-6 Rock forward on right, recover on left

7&8 Step back on right, step back on left, step forward on right

REPEAT