Hilltop Scoot

拍數: 32

級數: Improver

編舞者: Laura Kampschroeder (USA)

音樂: Buckaroo - Lee Ann Womack

WALK FORWARD AND BACK

- Walk forward with left, right, left, tap right toe next to left foot 1-4
- 5-8 Walk backward with right, left, right, tap left toe next to right foot

WALK FORWARD, KICK, JAZZ BOX STEP, TOE TOUCH

- 9-12 Walk forward with left, right, left, raise right knee (slap thigh with right hand)
- 13-14 Cross and step over left foot with right, step back on left,
- 15-16 Step side on right, touch with left toe next to right foot

2 HIPS FORWARD, 2 HIPS BACK

17-20 (With left foot slightly forward) 2 hip thrusts forward, 2 hip thrusts backward

1 HIP FORWARD, 1 HIP BACK, 1 HIP FORWARD, STOMP

21-24 Bump hip forward, bump hip backward, bump hip forward, stomp up with right foot (keep weight on left foot)

GRAPEVINE WITH ½ TURN, STEP, HEEL, STEP, STOMP, STOMP

- 25-26 Step right with right foot, step behind with left,
- 27-28 Step right with 1/2 turn right, step on left foot
- 29-30 Touch right heel forward, step with right foot
- 31-32 Stomp up with left foot, stomp up with left foot

REPEAT





牆數: 2