

# Hips Don't Lie

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4  
編舞者: Vicki Douglas (UK)  
音樂: Hips Don't Lie - Shakira



---

## HALF RUMBA LEFT, HALF RUMBA RIGHT, LEFT MAMBO FORWARD, RIGHT COASTER ¼ TURN

1&2      Step left to left side, step right next to left, step forward left  
3&4      Step right to right side, step left next to right, step forward on right  
5&6      Rock forward on left, recover right, step back on left  
7&8      ¼ turn right sweeping right foot round to step back on right, step left beside right, step forward on right

## FULL TURN 3 LITTLE RUNS LEFT-RIGHT-LEFT, JAZZ BOX, STEPS WITH HIPS TWICE, COASTER STEP

1&2      Small full turn run around to your left stepping left, right, left  
3&4      Cross right over left, step back on left, step right to right side  
5-6      Step forward on left pushing left hip out, step forward on right pushing right hip out  
7&8      Step back on left, step right beside left, step forward on to left

## FULL TURN RIGHT, HIPS X3, BACK SHUFFLE RIGHT-LEFT-RIGHT

1-2-3      Turn ¼ right stepping right forward, turn ½ right stepping back on the left, turn ¼ right stepping right to right side, (nice and slow)  
4-5-6      Sway hips left, right, left leaving weight on left  
7&8      Shuffle back on the right (right, left, right)

## SAILOR ½ TURN LEFT, ¼ TURN CHASSE, ¾ TURN RIGHT, HIP BUMPS LEFT-RIGHT-LEFT

1&2      Left sailor step completing a ½ turn over left  
**Can sweep left foot round as you make ½ turn to look more effective**  
3&4      Making a ¼ turn left as you chasse to the right stepping right, left, right  
5-6      Cross left over right, make ¾ turn over right shoulder - end weight on right  
7&8      Bump hips left, right, left

**REPEAT**

---