Hit The Road Jack

拍數: 32

級數: Improver

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音樂: Hit The Road Jack - Just For Fun

CROSS TOUCH FORWARD TWICE, ½ TURN LEFT, HITCH KNEES

1-2-3-4 Cross right foot over left foot, touch left foot to left, cross left foot over right foot, touch right foot to right

On counts 2 & 4 snap your fingers while touching your toe

- 5-6 Step right foot over left foot, turn 1/2 turn to left
- 7-8-9-10 Hitch right knee up, step right foot back next to left foot, hitch right knee up, touch right toe out to right

CROSS TOUCH TWICE, WALK FORWARD (WITH ATTITUDE)

- 11&12 Cross right foot over left foot, touch left foot to left
- 13&14 Cross left foot over right foot, touch right foot to right
- 15-18 Walk forward right foot, left foot, right foot, left foot (while walking, walk with attitude)

On count 15-18 walk like you're hitting the road

1/4 TURN LEFT, ROCK STEP, LOCK STEP, ROCK STEP

- 19-20 Turn 1/4 to left, step right foot out to right, weight on both feet
- 21-22 Step right foot in front of left foot, weight back to left
- 23-24 Step right foot behind left foot, cross left foot in front of right foot, step right foot back
- 25-26 Step left foot behind right foot, weight back to right foot

LOCK STEP, STEP, CLAP, STEP. CLAP

- 27-28 Step left foot in front of right foot, cross right foot behind left foot, step left foot forward
- 29-30 Step right foot diagonally to right, clap
- 31-32 Step left foot diagonally to left, clap

REPEAT





牆數: 4