

Hit The Road Jack

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Rita M. Kyle (USA)
音樂: Hit The Road Jack - Ray Charles



WALK FORWARD, SHUFFLE BACK, OUT, OUT

1-4 Deliberate walk forward right-left-right-left
5&6 Right shuffle back right-left-right
7-8 Left to left, right to right

SHOULDER DROPS, POINT LEFT, EAR

1-4 Drop right shoulder, hold, drop shoulder hold
Look right, left with attitude on drops
5-6-7 Alternate dropping shoulders right-left-right
&8 Left hand by right ear, left hand at waist (what you say)

TOE ¼ TURN, KICKBALL CHANGE TWICE

1 Touch right toe ¼ right
2 Turn body right keeping toe on floor
3&4 Right kickball change (kick right, step on ball of right take weight as lift left heel, shift weight to left)
5-8 Repeat 1-4 (end 6:00)

TOUCH BACK PIVOT, COASTER, TOUCH BACK, PIVOT, ¼ MONTEREY

1 Touch right toe back
2 Turn ½ right weight on left
3&4 Right coaster (right back, left beside right, right forward)
5 Touch left toe back
6 Turn ½ left, keep weight on left
7&8 ¼ Monterey turn right, point left toe left end at 9:00
7 point right to right, & turn ¼ right bring right to center, 8 point left toe left

SHIMMIES LEFT, TURN ¼ LEFT POINT

1-2-3-4 Step left to left shimmy to left, drag right to left
5-6-7 Step left to left shimmy to left
&8 Turn ¼ left, point right toe (end at 6:00)

ROCK TURN ¼ KICK BEHIND FOR ¾ TURN

Same alternating steps each time except no turn at 1&2&

1&2& Right forward, rock back on left, forward on right, kick left up behind right
3&4& Left ¼ left, rock back on right, forward on left, kick right behind left
5-8 Alternate right, left 3&4& two more times for ¾ turn ends on left end at 9:00

REPEAT

TAG

After wall 2

CHARLESTON, ANKLE ROCK ¼ BOX TURN

1-2 Swing right forward, swing right behind take weight on right
3-4 Swing left behind, swing left forward take weight on left
5&6 Rock from ankles: cross right over left, rock on left, rock forward on right
7&8 Cross left over right, step right back turning ¼ left step on left

