

Hitch Hikers Rollin'

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 4
編舞者: Maria Graube (SWE)
音樂: Rollin' - Big & Rich

級數: Improver



POINT, ½ TURN- KNEE POPS -KICK BALL STEP- ½ PIVOT

1-2 Point right to right side, ½ turn to the right stepping right beside left
3&4 Step left to left side and pop knees left, right, left
5&6 Kick right forward, step right beside left, step left forward
7&8 Right forward, ½ pivot to the left, right beside to left

Basic option

7-8 Right ½ pivot over the left shoulder

ROCK FORWARD WITH A SLAP - SHUFFLE ½- SHUFFLE ½ - ROCK BACK WITH HITCH, STEP

1&2 Rock right forward, slap left foot behind right knee with right hand, step left back

Basic option:

1-2 Take just a casual right rock step forward and recover on left
3&4 Shuffle ½ turn right - stepping right, left, right
5&6 Shuffle ½ turn right -stepping left, right, left
7&8 Rock right back, hitch left knee (slap on knee with right hand, left step forward)

Basic option:

7-8 Right rock step forward and recover on left

HEEL & TOE & TOE & HEEL, STOMP, STOMP, STOMP, TOE BOUNCES ¼

1&2& Right heel forward, right beside left, point left toe to left, left beside right
3&4& Point right toe to right, right beside left, left heel forward, left beside right

Basic option:

1&2&3&4 Heel switches - right heel forward, right beside left, left heel forward, left beside right, repeat
5&6 Stomp right foot to right side three times (moving the foot slightly to the right as you stomp)

Now you should be standing with your feet apart

7&8 With your feet nailed to the ground, bounce with your toes while turning ¼ to left

At the 7th wall, make the last turn in section three on count 7&, then restart from the beginning

REPEAT