

Hittin' The Brakes

COPPER KNOB
STEPPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Waylon Robbins (USA)
音樂: I'm from the Country - Tracy Byrd



HEEL, HOLD, HEEL, FLAT-RIGHT/ HEEL, HOLD, HEEL FLAT-LEFT

- 1 Place right heel forward
- 2 Hold right heel in place for 1 count
- 3 Tap right heel forward once again
- 4 Slap right toe down on floor, placing weight forward on the right foot
- 5 Place left heel forward
- 6 Hold left heel in place for 1 count
- 7 Tap left heel forward for 1 count
- 8 Slap left toe down on the floor, placing weight forward on the left foot

HEEL, HOLD, HEEL, FLAT-RIGHT/ TOUCH LEFT, STEP LEFT/ TOUCH RIGHT, STEP RIGHT

- 1 Place right heel forward
- 2 Hold right heel in place for 1 count
- 3 Tap right heel forward once again
- 4 Slap right toe down on the floor, placing weight forward on the right foot
- 5 Touch the left toe out to the left side
- 6 Step back on the left foot
- 7 Touch the right toe out to the right side
- 8 Step back on the right foot

CROSS, SIDE, STEP/ CROSS, STEP, TURN/ STOMP, CLAP

- 1 Cross the left foot over the right foot
 - 2 Step the right foot out to the right side
 - 3 Step the left foot in place (feet should now be shoulder-width apart)
 - 4 Cross the right foot over the left foot
 - 5 Step left foot out to left side
- You should now be facing forward, with feet slightly apart, and your weight should now be on your left foot.**
- 6 Turn $\frac{1}{4}$ to your right (weight is now on your right foot)
 - 7 Stomp the left foot forward and in front of your right foot, with weight on left
 - 8 Clap hands together one time!

RIGHT-BALL, CHANGE WEIGHT TO LEFT, CLAP/ RIGHT-BALL, CHANGE WEIGHT TO LEFT, CLAP/ SHUFFLE BACKWARDS RIGHT/ SHUFFLE BACKWARDS LEFT

- & Step quickly on the ball of the right foot in place
- 1 Step on the left foot forward (weight is now on the left)
- 2 Clap hands together one time!
- & Step quickly on the ball of the right foot in place
- 3 Step on the left foot forward (weight is now on the left)
- 4 Clap hands together one time!
- 5&6 Shuffle backwards on the right foot (right, left, right)
- 7&8 Shuffle backwards on the left foot (left, right, left)

REPEAT