

Hmmm... And Its Alright!

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 2 級數: Advanced
編舞者: Ben Summerell (AUS)
音樂: Why Don't You And I - Santana & Chad Kroger



Sequence: AB, ABB, AB, ABB, A, TAG, AB, BBB

PART A

WALK, WALK, SHUFFLE, ROCK STEP, 1 ½ TRIPLE TURN RIGHT

1-2-3&4 Step left forward, step right forward, shuffle forward left, right, left
5-6-7& Rock right forward, replace left in spot, half turn right stepping forward on right, half turn right
8& Stepping back on left, half turn right stepping forward on right, step forward on left

CROSS BALL JACK, CROSS BALL JACK, STOMP SCOOT, STOMP SCOOT, KICK, KICK

1&2&3 Cross right over left, step back on left, touch right heel in front, step right together, cross left over right
&4&5& Step back on right, touch left heel in front, step left together, stomp right foot together, scoot left foot
6&7&8 Back, stomp right foot together, scoot left foot back, kick right to right side, step right foot together, kick
& Left foot to left side, step left foot together

RIGHT HEEL KICK, LEFT HEEL KICK, STEP, SCUFF, STOMP, HALF TURN, HALF TURN

1&2 (If cant heel kick, alternatively) kick right to right side, kick right to right side, step right foot together
&3&4-5 Kick left to left side, kick left to left side, step left foot forward, scuff right foot forward, step right together
6&7& Jump both feet out, half turn left hitching left leg, step down on left foot, half turn right hitching right
8 Leg, step down on right

HALF TURN, HALF TURN, STOMP, STOMP

1&2& Half turn left hitching left leg, step down on left foot, half turn right hitching right leg, step down on right
3-4 Stomp both feet at same time, stomp both feet at same time

PART B

KNEE, KNEE, BODY ROLL, SWIFT STEP

1-6 Pop right knee in, pop left knee in, 4 count body roll from top down

Alternatively hip bump right, left, right, right

&7-8 Step left back, step right back, step left together

JUMP HITCH, JUMP HITCH, JUMP TURN

1-2-3 Jump both feet out so you are facing 45 degree right, hitch left foot, jump both feet out so you are facing 45 degree left
4-5-6 Hitch right foot, jump both feet out so you are facing 45 degrees right, hitch left leg
7-8 Hop a full turn left for 4 counts touching left toe to left side on return

CROSS, HITCH SLAP, SLAP, SLAP, SLIDE CLAP, CLICK

1-2-3 Cross step left over right, hitch right leg to right side slapping foot with right hand, return right foot to right side slapping right hip with right hand
4-5-6-7 Slap left hip with left hand, slide left foot together for 3 counts and
8 Clap hands together for one count, touch left foot together click both hands out

HIP, HIP, ROCK, STEP, PIVOT, STEP, PIVOT, TAP

- 1-5 Rock left hip out to left side, rock left hip out to left side, rock back on right, step forward on left, step forward on right
- 6-8 Pivot half turn left, step forward right, pivot half turn left, touch left together

TAG

After the 5th Wall do the following 8 steps. (Basically the last 8 counts of part B)

HIP, HIP, ROCK, STEP, PIVOT, STEP, PIVOT, TAP

- 1-5 Rock left hip out to left side, rock left hip out to left side, rock back on right, step forward on left, step forward on right
- 6-8 Pivot half turn left, step forward right, pivot half turn left, touch left together
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