Hokey-Dokey



拍數: 64 牆數: 1 級數: Intermediate

編舞者: Marg Jones (CAN)

音樂: We Really Shouldn't Be Doing This - George Strait



RIGHT CROSS HEEL GRIND; TRIPLE STEP IN PLACE, RIGHT-LEFT-RIGHT

Step right heel across front of left foot, toe pointing left, left foot lifts up slightly.

2 Swing right toe to right, place left foot down

3&4 Triple step in place, right, left, right.

LEFT CROSS HEEL GRIND; TRIPLE STEP IN PLACE, LEFT-RIGHT-LEFT

5 Step left heel across front of right foot, toe pointing right, right foot lifts up slightly.

6 Swing left toe to left, place right foot down

7&8 Triple step in place, left, right, left

ROCK, RECOVER, 2 TURNING TRIPLE STEPS (FULL TURN), ROCK BACK

9-10 Rock forward on right, recover on left

11&12 Triple step, right, left, right, while making ½ turn right

13&14 Triple step, left, right, left while making ½ turn right, (completing full circle turn)

15-16 Rock back on right, recover on left

SYNCOPATED STEP, HOLD, (CLAP) & STEP, HOLD (CLAP TWICE)

17-18 Step forward on right, hold (clap once on 18)

&19-20 Close left to just behind right heel (&); step forward on right, hold (clap twice on 20)

JAZZ BOX (WITH SCUFF) TURNING 1/4 LEFT

21-22 Step left across right; step back on right

23-24 Making ¼ turn to left, step left to left side; scuff right forward

SIDE SHUFFLES WITH ROCK/RECOVER-RIGHT AND LEFT

25&26 Triple step to right, right-left-right

27-28 Rock back on left at 45 degrees. Angle, recover on right

29&30 Triple step to left, left-right-left

31-32 Rock back on right at 45 degrees. Angle, recover on left

2 RIGHT HEEL STOMPS; SHUFFLE FORWARD, RIGHT-LEFT-RIGHT

33-34 Stomp right heel forward at 45 degrees. Angle to right, twice (bring knee up after each stomp)

35&36 Triple step forward, right, left, right

2 LEFT HEEL STOMPS; SHUFFLE FORWARD, LEFT-RIGHT-LEFT

37-38 Stomp left heel forward at 45 degrees. Angle to left, twice (bring knee up after each stomp)*

39&40 Triple step forward, left, right, left

ROCK, RECOVER, TURNING SHUFFLE 1/2 RIGHT, SHUFFLE, STOMPS

41-42 Rock forward on right, recover on left

43&44 Triple step, right-left-right, while turning ½ turn to right

45&46 Triple step forward left-right-left

47-48 Stomp right heel forward at 45 degrees. Angle to right, twice (bring knee up after each stomp)

HOP BACK, STEP DOWN, SHUFFLE FORWARD RIGHT-LEFT-RIGHT; LEFT-RIGHT-LEFT; STEP; ½ TURN LEFT

49 Hop back onto right foot, at same time lifting left knee up into "hitch" position *

50 Step left foot down

51&52 Shuffle forward right-left-right 53&54 Shuffle forward left-right-left

55-56 Step forward onto right, making ½ turn left; step onto left (now facing 9:00)

TURNING SHUFFLE BOX

57&58 Triple step to right, right-left-right, (9:00)

59&60 While turning ¼ to left, triple step to left, left-right-left, (6:00)
61&62 While turning ¼ to left, triple step to right, right-left-right, (3:00)
63&64 While turning ¼ to left, triple step to left, left-right-left, (12:00)

REPEAT

To allow for the extra beats when dancing to the George Strait song, after the 3rd repeat, (when he sings "Weeeeell.....", insert the following 14 counts, then start the dance over from the beginning:

Jazz box, starting with right, ending with a brush
Jazz box, starting with left, ending with brush
Jazz box, starting with right, ending with brush

13-14 Step left down, brush right forward (then start dance again)

STYLING:

On the heel stomps, whirl an imaginary lariat twice in the air with your right hand (steps 33,34 & 47,48) and with your left hand (steps 37,38)

At step 49 "pull back on the reins" with your hands, and let them go again on step 50.