Heaven

級數: Intermediate

編舞者: Mark Cosenza (USA)

音樂: My Blue Heaven - David Antebi

Begin on first line of "My Blue Heaven" when he says the word "call".

LEFT KICK BALL CHANGE, KNEE POPS, RIGHT KICK BALL CHANGE, KNEE POP

- 1 Kick left forward
- &2 Step to ball of left, quickly step to right
- 3 Pop left knee out
- 4 Pop left knee in
- 5 Kick right forward
- &6 Step to ball of right, quickly step to left
- 7 Pop right knee out
- 8 Pop right knee in

STEP, CROSS, HOLD, STEP, CROSS, HOLD, QUARTER RIGHT SHUFFLE RIGHT, LEFT, RIGHT, STEP LEFT, PIVOT RIGHT

- & Step right in place
- 1-2 Step left across right, hold
- & Step right to right side
- 3-4 Step left behind right, hold
- 5&6 Shuffle forward right, left, right while turning one quarter to the right
- 7 Step left forward
- 8 Pivot ¹/₂ to the right and step down on right

KICK & CROSS RIGHT, KICK & CROSS LEFT, TAP BACK LEFT TWICE, ½ TURN LEFT

- 1 Kick left forward
- &2 Cross left next to right in a sweeping motion, step down on left
- & Move right foot backwards
- 3 Kick right forward
- &4 Cross right next to left in a sweeping motion, step down on right
- 5-6 Point left toe back and towards ground and tap twice
- 7 Pivot ¹/₂ left on ball of right and touch down left (keeping weight on right)
- 8 Hold

QUARTER TURN RIGHT CROSS OVER HEEL JACKS, STOMP RIGHT & QUARTER TURN RIGHT

- & Cross left over right stepping left down and turning one quarter to the right
- 1 Step down on right (next to left)
- & Step left at a 45 degree angle behind right
- 2 Touch right heel forward
- & Step down on right (next to left)
- 3 Cross left over right
- & Step down on right next to left
- 4 Touch left heel forward
- &5 Briefly step down on left, stomp right forward

For added dance attitude, on count 5, spread arms and hands out to sides in "ta daa" form

- 6 Hold
- 7 Step left behind right
- 8 Turn one quarter right while pointing and stepping right foot to new wall





牆數:4

拍數: 32 牆數

REPEAT