# Hey, Mr. DJ



牆數: 4 拍數: 48 級數: Improver

編舞者: Nancy Morgan (USA) & Brian Barakauskas (USA)

音樂: Music - Madonna



Also input by James Gregory (JG2) and all of the people in my class at Sunshine State 2000 who helped me name this dance

## HEEL AND TOUCH (RIGHT) AND TOUCH (LEFT) AND TOUCH (RIGHT), AND HEEL AND HEEL AND STEP, 1/4 TURN

1&2 Put right heel forward and put right next to left, touch right toe to right side

&3&4 Put right next to left, put left toe out to left side and put left next to right and put right toe out

to right side

5&6& Put right heel forward and put right next to left and put left heel forward and put left next to

right

7-8 Step forward on right, turn 1/4 turn to your left (weight ends on left)

# HEEL AND TOUCH (RIGHT) AND TOUCH (LEFT) AND TOUCH (RIGHT), AND HEEL AND HEEL AND STEP, 1/4 TURN

1&2 Put right heel forward and put right next to left, touch right toe to right side

&3&4 Put right next to left, put left toe out to left side and put left next to right and put right toe out

to right side

5&6& Put right heel forward and put right next to left and put left heel forward and put left next to

7-8 Step forward on right, turn ½ turn to your left (weight ends on left)

### SHUFFLE FORWARD, COASTER STEP WITH 1/2 TURN RIGHT, REPEAT

1&2 Shuffle forward right, left, right

3&4 As you are turning ½ turn to your right do a coaster step (step back on left, back on right,

forward on left)

5&6 Shuffle forward right, left, right

As you are turning ½ turn to your right do a coaster step (step back on left, back on right, 7&8

forward on left)

#### STOMP, HOLD, HEEL-TOE-HEEL TO RIGHT, HEEL-TOE-HEEL TO LEFT, BODY ROLL

1-2 Stomp right foot forward and slightly to right, hold

3&4 Quickly move to right (heel, toe, heel) 5&6 Quickly move back to left (heel, toe, heel)

7-8 Roll body forward to back (start with shoulders, rolling forward until you sit. Weight is on left)

#### HEEL AND HEEL AND 1/4 TURN KNEE ROLL, REPEAT

1&2 Put right heel forward, put right next to left, put left heel forward

&3-4 Put left next to right, touch right toe to left instep, roll knee ¼ turn to right (weight is on left)

5&6 Put right heel forward, put right next to left, put left heel forward

&7-8 Put left next to right, touch right toe to left instep, roll knee 1/4 turn to right (weight is on left)

## DROP DOWN AND UP AND KICK-BALL-CHANGE, TOUCH, TOUCH, TOUCH, SLIDE STEP WITH 1/4 TURN LEFT, STOMP

1-2	Drop down and up no	t moving feet but by	/ bending knees

3&4 Kick-ball-change (kick right foot forward, step right next to left while lifting left, set left down) 5&6 Quickly touch right to right side 3 times as you move a little to the right each time you touch 7-8

Take a fairly large step to your right side as you turn a ¼ turn to your left, stomp left next to

right