

Hangin' On

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jamie Marshall (USA)
音樂: Hang on Sloopy - The McCoys



This dance was choreographed for the 60's music challenge at the 2000 Faast Country Dance Roundup in Minnesota

STEP LEFT, CROSS, ½ LEFT, SHUFFLE, ROCK, RECOVER

1-2-3 Step left to left, cross, touch right over left, pivot ½ left on ball of left
4&5 Step right to right, step left next to right, step right to right
6-7 Rock forward on left, recover on right

BACK LOCK, COASTER STEP, FULL TURN, LEAN ¼ TURN RIGHT

8&1 Step back on left, lock step right over left, step back on left
2&3 Step back on right, step left next to right, step forward on right
4-5 Step forward on left, begin ½ turn to left, stepping forward on right
6-7 Complete turn to left, stepping forward on left, point right to right, slight lean to right
8 Turn ¼ turn right on ball of left, stepping right next to left

TOE, HEEL, TAPS SIDE STEPS

1 On heels of both feet, swivel (move) toes to right
&2 On balls of both feet, swivel (move) heels to right twice
3 On heels of both feet, swivel (move) toes to right
&4 On balls of both feet, swivel (move) heels to right twice
&5&6 Step right to right, touch left beside right, bump hips to left
&7-8& Step right to right, touch left beside right, bump hips to left, recover to right

LONG LEFT STEP, TOUCH, HEEL FORWARD, TOE BACK, KICKS, STEP, TURN

1-2 Long step left to left, touch right beside left
3-4 Extend right heel forward, hold
&5-6 Replace right next to left, point left toe back, hold
&7-8 Replace left next to right, step forward on right, pivot ½ left, keep weight on right

REPEAT