

Hangin' On

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: William Sevone (UK)
音樂: You Keep Me Hangin' On - The Supremes



2X CROSS TOUCH-FORWARD KICK-¼ TURN COASTER STEP (12:00)

- 1-2 Cross touch right toe over left foot, kick right foot forward
3&4 Turn ¼ right & step backward onto right foot, step left foot next to right, step forward onto right foot
5-6 Cross touch left toe over right foot, kick left foot forward
7&8 Turn ¼ left & step backward onto left foot, step right foot next to left, step forward onto left foot

2X CROSS TOUCH-SIDE TOUCH-SAILOR STEP (12:00)

- 9-10 Cross touch right toe over left foot, touch right toe to right side
11&12 Cross step right foot behind left, step left foot next to right, step right foot to right side
13-14 Cross touch left toe over right foot, touch left toe to left side
15&16 Cross step left foot behind right, step right foot next to left, step left foot to left side

CROSS PUSH STEP, STEP, ½ RIGHT FORWARD SHUFFLE, CROSS PUSH STEP, STEP, ¼ LEFT CHASSE (3:00)

- 17-18 Cross push step right foot over left, step onto left foot
19&20 Turn ½ right & step forward onto right foot, close left foot next to right, step forward onto right foot
21-22 Cross push step left foot over right, step onto right foot
23&24 Turn ¼ left & step left foot to left side, step right foot next to left, step left foot to left side

¼ LEFT STEP FORWARD, PIVOT ½ LEFT, STEP FORWARD, PIVOT ¼ LEFT, CROSS PUSH STEP, STEP, SIDE STEP, STEP (3:00)

- 25-26 Turn ¼ left & step forward onto right foot, pivot ½ left (weight on left foot)
27-28 Step forward onto right foot, pivot ¼ left (weight on left foot)
29-30 Cross push step right foot over left, step onto left foot
31-32 Rock step right foot to right side, step onto left foot

REPEAT

RESTART

When dancing to "You Keep Me Hanging On" by The Supremes, on wall 6, dance the first 16 counts of the dance, then the first 8 counts of the dance, and then start again at count 1 and dance all the way through for the rest of the music. The dance can also be done without the restarts for use with less experienced dancers