Happy Times

拍數: 32

級數: Improver

編舞者: Christopher Stimson (DE)

音樂: All Rise - Blue

1/2 TURN, SHOULDER MOVEMENTS, KICK STEP TOUCH

- 1-2 Right foot step forward, ½ turn to the left
- 3& Push both shoulders two times down
- 4 Turn ½ turn to the right on both feet
- 5&6 Right foot kick forward, right foot step back, left foot touch next to right foot
- 7&8 Left foot kick forward, left foot step back, right foot touch next to left foot

KICKS, STEPS & TOUCHES

- 1&2 Right foot kick forward, right foot step to right side, left foot touch behind right foot
- 3&4 Left foot kick forward, left foot step to left side, right foot touch behind left foot
- 5& Right foot kick forward, right foot step to right side
- 6& Left foot step behind right foot in 3rd position, right foot step to right side
- 7&8 Left foot kick forward, left foot step to left side, right foot touch next to left foot

TOUCHES, HIP BUMPS, KICK BALL STEP

- 1&2 Right foot touch to right side, right foot touch next to left foot, right foot touch to right side
- 3&4 Double bump to right side

Hands together and punch it two times up in front of your belly

- 5&6 Left foot kick forward, left foot step forward, right foot step forward
- 7&8 Left foot kick forward, left foot step forward, right foot step forward

LOCK STEP, FULL TURN, TOUCHES, SAILOR TOUCH

- 1&2 Lock step back (left, right, left)
- 3-4 Right foot cross behind left foot, full turn to the right
- 5 Right foot touch forward, at same time open your arms

Right hand is in front and be cool

6 Right foot touch diagonal back

Left hand is in front and be cool

7&8 Right foot cross behind left foot, left foot step to left side, right foot touch in place

REPEAT

TAG

TOUCHES, SNAKE, REVERSE SAILOR SHUFFLE, ½ TURN

- 1&2 Right foot touch to right side, ½ turn to the right, left foot touch to left side
- 3-4 Snake to left side
- 5&6 Right foot cross in front of left foot, left foot step to left side, right foot step in place
- 7-8 Right foot cross behind left foot, ½ turn to the right





牆數:1