

# Hard Working Cowboy

COPPERKNOB  
BY STEPHEN

拍數: 64      牆數: 2      級數: Advanced line/contra dance  
編舞者: Josep Ponsà (ES)  
音樂: Used Heart for Sale - Gary Allan



- 1 Touch right heel forward
- 2 Touch right toe backward
- 3 Right brush
- 4 Jumping on left
- 5 Touch right heel forward
- 6 Touch right toe to left
- 7 Touch right toe backward
- 8 Right foot in place
  
- 9 Touch left heel forward
- 10 Touch left toe backward
- 11 Left brush
- 12 Jumping on right
- 13 Touch left heel forward
- 14 Touch left toe to right
- 15 Touch left toe backward
- 16 Left foot in place
  
- 17 Right heel backward to right
- 18 Right heel in place
  
- 19 Left heel backward to left
- 20 Left heel in place
- 21 Right heel backward to left
  
- 22-23 Right shuffle to right turning  $\frac{1}{2}$  body to right
- 24-25 Right shuffle to right turning  $\frac{1}{2}$  body to right
  
- 26-30 Right grapevine, rock-step backward with left foot
  
- 31-34 Left grapevine
  
- 35-36 Left shuffle to left turning  $\frac{1}{2}$  body to left
- 37-38 Left shuffle to left turning  $\frac{1}{2}$  body to left
  
- 39-40 Cross right foot over left (step on ball on right foot), left foot in place
- 41-42 Right foot beside left foot and brush next to right foot with left
  
- 43-44 Cross left foot over right (step on ball on left foot), right foot in place
- 45-46 Left foot beside right foot and stomp next to left foot with right
  
- 47-48 Right step forward and turn  $\frac{1}{2}$  body to left
- 49-50 Right step forward and turn  $\frac{1}{2}$  body to left
  
- 51-52 Touch right toe to right and turn  $\frac{1}{2}$  body to right
- 53 Touch left toe to left

- 54 Left toe in place
- 55 Kick right forward to right
- 56 Kick right forward to left
- 57 Right toe to right
- 58 Right in place, at the same time jump and left toe to left
- 59 Kick left backward to right
- 60 Left toe to left
- 61 Left in place, at the same time jump and right toe to right
- 62 Right in place
- 63-64 Stomp left twice next to right

**REPEAT**

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