

Heart Of Stone

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Christopher Parsons (UK)
音樂: Heart Of Stone - Fleetwood Mac



KICK BALL TOUCH, & STEP ¼ TURN LEFT, STOMP - KICK, LEFT SAILOR

1&2 Kick right foot forward, step onto right foot, touch left foot to left side
&3-4 Step left next to right, step right foot forward, pivot ¼ turn left (weight on left)
5-6 Stomp right foot down, kick left foot diagonally forward left
7&8 Sweep left behind right, step right next to left, step left in place

CROSS, ¼ TURN RIGHT, ¼ TURNING CHASSE RIGHT, CROSS, ROCK & CROSS-SIDE

1-2 Cross right over left, ¼ turn right stepping back on left foot
3&4 ¼ turn right stepping right foot to right side, close left up to right, step right foot in place
5 Cross left over right
6&7 Step right foot to right side, replace weight onto left, cross right over left
8 Step left next to right

BEHIND, UNWIND ½ TURN RIGHT, FORWARD ROCK - ½ TURN LEFT, POINT, CROSS SHUFFLE

1-2 Touch right toe behind left heel, ½ turn right stepping right foot down
3-4 Step left foot forward, replace weight onto right
5-6 ½ turn left stepping left foot forward, point right toe to right side
7&8 Cross right over left, close left next to right, cross right over left

SIDE ROCK, REVERSE HINGE ½ TURN LEFT, CROSS ROCK, ¼ TURN RIGHT, ¼ TURNING CHASSE LEFT

1-2 Step left foot to left side, replace weight onto right
3 ½ turn left on ball of right stepping left next to right
4-5 Cross right over left, replace weight onto left
6 ¼ turn right stepping right foot forward
7&8 ¼ turn right stepping left foot to left side, close right up to left, step left foot in place

REPEAT

TAG

Danced at the end of walls 2, 4, 6, 8, and 9

1-2 Rock back on right foot
3-4 Rock forward on right foot
5&6 Right coaster back
7&8 Scuff ball point (scuff left foot forward, step onto left, point right toe to right side)