Heart To Heart Cha Cha

級數: Improver

編舞者: Adrian Churm (UK)

拍數: 32

音樂: Somewhere In My Heart - Paul Bailey

ROCK STEPS AND TRIPLE STEPS WITH TURN

- 1-2 Step forward onto the left foot, replace weight back onto the right foot
- 3&4 Triple step to the left side stepping left, right, left
- 5-6 Right foot steps back, replace weight forward onto the left foot
- 7&8 Make a ¼ turn to the right as you step right, left, right
- 9-10 Step forward onto the left foot, replace weight back onto the right foot
- 11&12 Make a $\frac{1}{2}$ turn to the left as you triple step back left, right, left (you should finish with the left foot forward after the $\frac{1}{2}$ turn)
- 13-16 Repeat 9-12 on the opposite foot turning to the right

PIVOT TURNS WITH TRIPLE STEPS

- 17-18 Step forward onto the left foot pivot ¹/₂ turn to the right
- 19&20 Triple step forward left, right, left
- 21-22 Step forward onto the right foot pivot a ¼ of a turn to the left
- 23&24 (Triple step crossovers) right foot steps in front and across the left ball of the left foot steps to the side, right foot steps forward and across the left

GRAPEVINES ENDING WITH TRIPLE STEPS

- 25-28 Step the left foot to the left, right foot steps behind left and triple step almost on the spot left, right, left
- 29-32 Repeat 25-28 on the opposite foot moving to the right

REPEAT





牆數

牆數: 2