Great Escape



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Levi J. Hubbard (USA), Andi Martin (USA) & Starla Rodgers (USA)

音樂: Escape - Enrique Iglesias



FORWARD ROCK-RECOVER, COASTER STEP, (2) ½ PIVOT TURNS (RIGHT)

1 Right - step (rock) forward while slightly lifting left foot off floor

Left - lower foot back to floor (recover)
 Right - step backward on (ball of) foot
 Left - step together on (ball of) foot

4 Right - step forward5 Left - step forward

6 Pivot on (balls of) both feet ½ turn right

7 Left - step forward

8 Pivot on (balls of) both feet ½ turn right

SHUFFLE FORWARD, FORWARD ROCK-RECOVER, SHUFFLE BACKWARD, BACKWARD ROCK-RECOVER

9 Left - step forward
& Right - step together
10 Left - step forward

11 Right - step (rock) forward while slightly lifting left foot off floor

12 Left - lower foot back to floor (recover)

13 Right - step backward
& Left - step together
14 Right - step backward

15 Left - step (rock) backward while slightly lifting right foot off floor

16 Right - lower foot back to floor (recover)

DOUBLE KICKS FORWARD, COASTER STEP, FORWARD KICK, SIDE KICK, (RIGHT) SAILOR STEP

17 Left - kick forward18 Left - kick forward

Left - step backward on (ball of) footRight - step together on (ball of) foot

20 Left - step forward
 21 Right - kick forward
 22 Right - kick out to side

23 Right - cross step behind left foot

& Left - step slightly to sideRight - step slightly to side

CROSS STEP, (LEFT) SAILOR STEP, CROSS STEP, (RIGHT) SAILOR STEP

25 Left - cross step in front of right foot

26 Right - step to side

27 Left - cross step behind right foot
 & Right - step slightly to side
 28 Left - step slightly to side

29 Right - cross step in front of left foot

30 Left - step to side

31 Right - cross step behind left foot

& Left - step slightly to side

(LEFT) CROSSING SHUFFLE, SIDE ROCK-RECOVER, (RIGHT) CROSSING SHUFFLE, SIDE ROCK-RECOVER WITH 1/4 TURN (LEFT)

33	Left - cross step in front of right foot
&	Right - step to side

34 Left - cross step in front of right foot

35 Right - step (rock) to right side while slightly lifting left foot off floor

Left - lower foot back to floor (recover)
 Right - cross step in front of left foot

& Left - step to side

38 Right - cross step in front of left foot

39 Left - step (rock) to left side while slightly lifting right foot off floor

40 Right - turning ¼ turn left, lower foot back to floor (recover)

SHUFFLE ½ TURN (LEFT), ½ PIVOT TURN (LEFT), (RIGHT) KICK-BALL CHANGE, COMPLETE TURN (LEFT)

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41	Left - turning 1/4 turn left, step to side

& Right - step together

42 Left - turning another ¼ turn left, step forward

43 Right - step forward

44 Pivot on (balls of) both feet ½ turn left

45 Right - kick forward

& Right - land on (ball of) foot while slightly lifting left foot off floor

46 Left - lower foot back to floor

47 Right - step forward & pivot ½ turn left, swinging left foot around for momentum
48 Left - step backward & pivot ½ turn left, swinging right foot around for momentum

REPEAT

ENDING

On the 8th repetition the song will slow down and start ending, so to finish up the dance add the following 2 counts after count 48:

1 Right - turning ¼ turn left, step to side 2 Left - drag foot up next to right foot

The tag is optional but in order for the tag to work start the dance when the beat kicks in when Enrique says "up and down but maybe this time"