# Hale Bop Boogie

拍數: 64

級數: Intermediate

編舞者: Alan Birchall (UK)

音樂: Hale Bop Boogie - The Tractors

#### STRUTS FORWARD

- 1-2 Step right heel forward with toes raised, slap foot on floor
- 3-4 Step left foot forward with toes raised, slap foot on floor
- 5-6 Step right heel forward with toes raised, slap foot on floor
- 7-8 Step left foot forward with toes raised, slap foot on floor

#### ROCK RIGHT, HOLD, ROCK LEFT, HOLD, STEP, HOLD

- 9&10 Rock right over left, recover on left, step right in place 11 Hold
- 12&13 Rock left over right, recover on right, step left in place
- 14 Hold
- 15-16 Step forward on right, hold

#### 1/4 PIVOT LEFT, HOLD, STEP, 1/2 PIVOT LEFT, STEP RIGHT, CROSS LEFT

- 17-18 Make 1/4 pivot left, hold
- 19-20 Step forward on right, hold
- 21-22 Make 1/2 pivot left, hold
- 23-24 Step right to right, cross left behind

#### SIDE SHUFFLE, ROCK BACK, SIDE SHUFFLE, CROSS ROCK

- 25&26 Step right to right, step left beside right, step right to right
- 27-28 Rock back on left, recover weight on right
- 29&30 Step left to left, step right beside left, step left to left
- 31&32 Rock right over left, recover weight on left

#### COASTER STEP, STEP ½ PIVOT, STEP ½ PIVOT, CROSS ROCK

- 33-34 Step back on right, step left beside right, step forward on right
- 35-36 Step forward on left, 1/2 pivot right
- 37-38 Step forward left, 1/2 pivot right
- 39&40 Rock left over right, recover on right

#### COASTER STEP, STEP ½ PIVOT, STEP ½ PIVOT, CROSS ROCK

- Step back on left, step right beside left, step forward on left step 41-42
- 43-44 Forward on right, 1/2 pivot left
- 45-46 Step forward on right, 1/2 pivot left\*\*
- Rock right over left, recover weight on left 47&48

#### COASTER STEP, JUMP FORWARD, HIP BUMPS WHILE BENDING KNEES, HIP BUMPS

- 49&50 Step back on right, step left beside right, step forward on right make
- 51&52 Small jump forward landing right, left, bump hips right, left (while bending knees)
- 53&54& Bump hips right, left, right left (while bending knees)
- 55&56 Bump hips left, right, left (while straightening up)

## HIP BUMPS WHILE STRAIGHTENING UP, SMALL JUMP FORWARD

- 57&58 Small jump forward landing right, left, bump hips right, left (while bending knees)
- 59&60 Bump hips right, left, right left (while bending knees)





牆數: 4

61&62 Bump hips right, left, right (while bending knees)

63&64 Bump hips left, right, left (while straightening up)\*\*

## REPEAT

### BRIDGE

# From when they sing: "who really knows what might be next, stay right by my side, etc" LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE, STEP LEFT, TOGETHER TWICE

- 1&2Step forward on left, step right beside left, step forward on left
- 3&4 Step forward on right, step left beside right, step forward, right
- 5-6 Step left to left, step right beside left
- 7-8 Step left to left, step right beside left

## RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE, STEP ½ PIVOT

- 9&10 Step forward on right, step left beside right, step forward, right
- 11&12 Step forward on left, step right beside left, step forward on left
- 13-14 Step forward on right, ½ pivot left

## STEP RIGHT SLIDE LEFT, STEP LEFT, SLIDE RIGHT

- 15& Take big step to right diagonal
- 16-19 Slide left to right over three counts
- 20& Take big step to left diagonal
- 21-24 Slide right to left over three counts

Steps 45 to 64 are always done when they are singing "Oh No I can't stop doing the Hale Bop Boogie" or when the instrumental section reach's that point (you can tell). The bridge is done twice in the whole song. These are: If you begin the dance on the music then you complete three walls before each of the bridge sections. If you start on the lyrics then you do the bridge first after two walls, then after three walls For the false ending you may do what you please! I can suggest three ½ Monterey turns, or ¼ Monterey turns, feel free to do what you think. When the music re-starts then start the dance again. As long as you are all facing the same way!