Half Nekkid

拍數: 32

級數: Improver stroll

編舞者: Gloria Johnson (USA)

音樂: No Shoes, No Shirt, No Problems - Kenny Chesney

LOCK-STEPS WITH SCUFFS

- 1-2 Step right forward slightly diagonally, lock-step left behind right
- 3-4 Step right forward, scuff left forward
- 5-6 Step left forward slightly diagonally, lock-step right behind left
- 7-8 Step left forward, scuff right forward

BACKWARD WEAVE

- 9-10 Cross-step right over left, step left back
- 11-12 Step right back, cross-step left over right
- 13-14 Step right back, step left back
- 15-16 Step right forward, pivot ¼ turn left onto left foot

RIGHT GRAPEVINE WITH ½ TURN, LEFT GRAPEVINE

- 17-18 Step right to right side, cross-step left behind right
- 19-20 Turning ½ right, step on right, hitch left knee slightly
- 21-22 Step left to left side, cross-step right behind left
- 23-24 Turning ½ left, step on left, hitch right knee slightly

REVERSE GRAPEVINE, SWIVELS

- 25-26 Cross-step right over left, step left to left side
- 27-28 Cross-step right behind left, step left together
- 29-30 Swivel heels right, swivel toes right
- 31-32 Swivel heels right, swivel toes to center

A more advanced variation for steps 29-32 would be to swivel toes together, swivel heels together, swivel toes together, swivel heels together. The whole time you would be moving right by alternating weight from right toe and left heel to left toe and right heel, etc

REPEAT





牆數:4