Good As New

拍數: 32

級數:

編舞者: Judith Campbell (NZ)

音樂: I'll Get Over You - Marie Haslemore

2nd Place in the Beginners Line Dance Choreography Competition Tamworth Jan 2003

TWO SHUFFLES FORWARD - TWO ¼ PIVOTS TO LEFT

- 1&2-3&4 Shuffle forward on right foot then left foot (right-left-right left-right-left)
- 5-8 Step right forward, ¼ pivot to left, step right forward, ¼ pivot to left

TWO SHUFFLES FORWARD - TWO ¼ PIVOTS TO LEFT

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- 5-8 Step right forward, ¼ pivot to left, step right forward, ¼ pivot to left

VINE TO RIGHT - TAP (WITH FINGER CLICKS), VINE TO LEFT - TAP (WITH FINGER CLICKS)

1-4 Step right to right, step left behind right, step right to right, tap left next to right
5-8 Step left to left, step right behind left, step left to left, tap right next to left (clicking fingers of both hands about head height as you tap)

SCUFF ¼ TURN RIGHT - TOE DOUBLE HEEL BEAT - SCUFF ¼ TURN LEFT - TOE DOUBLE HEEL BEAT

- 1-4 Scuff right foot forward turning ¹/₄ to right, place right toe to floor, 2 heel taps with right heel
- 5-8 Scuff left foot forward turning ¹/₄ to left, place left toe to floor, 2 heel taps with left heel.

HEEL TOE SHUFFLE FORWARD - HEEL - CROSS TOE TAP - HEEL TOUCH - TAP TOE BACK

- 1-2-3&4 Touch right heel forward, tap right toe back, shuffle forward on right foot
- 5-6 Touch left heel forward, tap left toe across instep of right foot,
- 7-8 Touch left heel forward, tap left toe back

1/2 TURN TO LEFT WITH HEEL BOUNCES - SIDE SHUFFLE - ROCK BACK - RECOVER

- 1-4 Lifting right heel off floor (so both heels will be lifted) tapping both heels down together keeping the balls of feet on the floor 4 times in all as you turn ½ to the left
- 5&6-7-8 Side shuffle to right (right-left-right), rock back onto left foot, recover forward onto right foot.

TOE STRUT TO LEFT SIDE - RIGHT SHUFFLE ACROSS LEFT

1-2-3&4 Toe/heel strut to left side on left foot, shuffle right cross left moving to left side

TOE STRUT TO LEFT SIDE - RIGHT SHUFFLE ACROSS LEFT

5-6-7&8 Toe/heel strut to left side on left foot, shuffle right cross left moving to left side

ROCK FORWARD BACK - TWO WALKS BACK - ROCK BACK FORWARD - LEFT TOE STRUT WITH $\ensuremath{\sc x}$ TURN RIGHT

- 1-4 Rock/step forward on left, recover onto left, 2 walks back left, right
- 5-7 Rock/step back onto left, recover forward on right, step left toe forward, turning ¼ to right
- 8 Drop left heel down (weight on left foot)

REPEAT

RESTART

On the 2nd wall after the " scuff toe heels right & left foot", do heel toe 2 walks forward right, left instead of the shuffle. This will get you on the right foot to restart the dance at the beginning

The music also slows down on the scuffs toe heels further along in the music. So just slow down on this step then it comes in at the normal speed on the toe heel shuffles





牆數:4