Get It Together



拍數: 64 牆數: 2 級數: Advanced

編舞者: Alan Birchall (UK) 音樂: Get It Together - Seal



STEP ½ PIVOT, FULL TRIPLE TURN, SIDE TOGETHER, ROCK, RECOVER, CROSS

1-2 Step forward on left, ½ pivot right (facing 6:00)

3&4 Full triple turn right stepping, left, right, left alternative - left shuffle forward

5-6 Step right to right, left by right

7&8 Rock right to right, recover on left, cross right over left

LEFT COASTER, SCUFF HITCH TURN, STEP, HEEL SPLITS, STEPS BACK

9&10 Step back on left, right by left, step forward on left

11&12 Scuff forward on right, hitch right while making ½ turn left, step back on right (facing 12:00)

13&14 Step back on left, split heels apart, bring heels together (weight ends on left)

15-16 Step back on right, step back on left

STEP, CROSS, ¼ TURN, ¼ TURN, CROSS, FULL MONTEREY TURN, TOUCHES

&17-18 Step back on right, cross left over right, step right to right making ¼ turn left (facing 9:00)

Step left to left making ¼ turn left, cross right over left (facing 6:00) Touch left to left, making full turn left step left by right (facing 6:00)

Alternative: touch left, step left by right

Touch right to right, touch right by left, touch right to right (no weight)

BODY ROLL (OR ALTERNATIVE), RIGHT SAILOR STEP, BEHIND, SIDE CROSS, STEP, TOUCH

25-26 Stepping onto right body roll right (weight ends on left)

Alternative - rock right to right, recover on left

27&28 Cross right behind left, step left by right, step right to right 29&30 Cross left behind right, step right to right, cross left over right

31-32 Step right to right, touch left by right

ROLLING VINE LEFT, SIDE, BEHIND, SYNCOPATED WEAVE

Step left to left making ¼ turn left, on ball of left make ½ turn left stepping back on right
On ball of right make ¼ turn left stepping left to side, clap hands twice while touching right by

left

37-38 Step right to right, left behind right &39 Step right to right, cross left over right &40 Step right to right, cross left behind

HEEL JACK, HOLD, STEP, CROSS, HOLD, HEEL TWIST TURN, KICKS

&41 Step back on right diagonal, extend left heel (click fingers in line with angle of body while

looking to right) **restart here on fourth wall replace heel with step ½ pivot

42 Hold

&43 Step left by right, cross right over left

44 Hold

45&46 Twist both heels right, left, right making ½ turn left (weight ends on left facing 12:00)

Small low kick forward with right, step right by left
Small low kick forward with left, step left by right

STEP ½ PIVOT, SQUAT DOWN, STAND UP, STEP ½ PIVOT, HIP BUMPS

49-50 Step forward on right making ½ turn left, step back on left (facing 6:00) 51-52 Squat down, stand up (weight stays on left) alternative - hip bumps left, right

53-54	Step forward on right making ½ turn right, step back on left
55&56	Bump hips left, right, left (weight ends on left facing 12:00)

MODIFIED JAZZ BOX 1/4 TURN, BEHIND, 1/4 TURN, STEP, TURN, STEP

57-58 Cross right over left, step back on left

59-60 Step right to right making ¼ turn right, step left to left (facing 3:00)
61-62 Cross right behind left, step left to left making ¼ turn left (facing 12:00)
63&64 Step forward on right, ½ pivot left, step forward on right (facing 6:00)

REPEAT

TAG

After 1st and 3rd wall

TOUCHES, 1/4 MONTEREY, MODIFIED 1/2 MONTEREY, TAP, STEP, HEEL

Touch left to left, step left by right, touch right to right

&3 Step right by left making ¼ turn right, touch left to left (facing 9:00)

&4 Step left by right, touch right to right

5-6 Make ½ turn right step right to right, step forward on left (facing 3:00)

7&8 Tap right behind left, step back on right, extend left heel forward (weight on right, facing 3:00)

LOCK, ROCK, RECOVER, BEHIND SIDE, IN FRONT, ¾ TURN RIGHT, SKATES TWICE, CROSS SHUFFLE

&9 Step slightly forward on left, lock right behind left

10& Rock forward on left, recover on right

11&12 Step back on left, step right to right making ½ turn right, cross left over right (facing 6:00)

&13-14 Unwind ½ turn right, skate right, skate left (facing 12:00) 15&16 Cross right over left, step left to left, cross right over left

EASIER OPTION FOR COUNTS &9-16:

&9 Step slightly forward on left, lock right behind left

10& Rock forward on left, recover on right

11 Step left to left making ¼ turn left!! (facing 12:00)

& Step right by left
12 Rock left to left
13-14 Skate right, skate left

15&16 Cross right over left, step left to left, cross right over left