

Get Movin'

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Amanda Andrews (USA)
音樂: Move It On Over - George Thorogood & Travis Tritt



TOE STRUTS RIGHT, SIDE TO FRONT TOUCHES

1-2 Touch ball of right to right side, drop right heel

Stylize by adding finger snaps

3-4 Touch ball of left across right, drop left heel

5-6 Touch ball of right to right side, touch ball of right across left

7-8 Touch ball of right to right side, step right next to left

TOE STRUTS LEFT, SIDE TO FRONT TOUCHES

1-2 Touch ball of left to left side, drop left heel

Stylize by adding finger snaps

3-4 Touch ball of right across left, drop right heel

5-6 Touch ball of left to left side, touch ball of right across left

7-8 Touch ball of left to left side, step left next to right

SIDE STEPS RIGHT, SAILOR STEP, ROCK STEP

1-2 Step right to right side, bring left next to right

3-4 Step right to right side, bring left next to right

5&6 Cross right behind left, step left to left, step right in place

7-8 Step left behind right, rock weight to right

SIDE STEPS LEFT, SAILOR STEP, ROCK STEP

1-2 Step left to left side, bring right next to left

3-4 Step left to left side, bring right next to left

5&6 Cross left behind right, step right to right, step left in place

7-8 Step right behind left, rock weight to left

RUBBER KNEES (MOVING SLIGHTLY FORWARD)

1-2 Roll right knee out, hold

3-4 Roll left knee out, hold

5-6 Roll right knee out, roll left knee out

7&8 Pop knees together, apart, together

SHUFFLE FORWARD, PIVOT, SHUFFLE FORWARD, ¼ TURN

1&2 Shuffle forward with right

3-4 Step left forward, pivot ½ turn to right placing weight on right

5&6 Shuffle forward with left

7-8 Step right forward, ¼ turn to left placing weight on left

FORWARD SAILOR, FORWARD SAILOR, PIVOT, PIVOT

1&2 Cross right over left, step left to left side, step right in place

3&4 Cross left over right, step right to right side, step left in place

5-6 Step right forward, pivot ½ turn to left

7-8 Step right forward, pivot ½ turn to left

BOOT SLAPS (WITH ¼ TURN), CROSS, ¾ TURN (UNWIND)

1-2 Cross right leg behind left knee, slap boot with left hand, uncross right leg, slap boot with right hand

- 3-4 Cross right leg in front of left knee, slap boot with left hand, uncross right leg making $\frac{1}{4}$ turn to left, slap boot with right hand
- 5 Cross right over left
- 6-7-8 Unwind from cross making $\frac{3}{4}$ turn to left

REPEAT

Variation for the last 8 counts

- 1 Scuff right next to left
- 2 Stomp right down
- 3 Scuff right next to left making $\frac{1}{4}$ turn to left
- 4 Stomp right down
- 5 Cross right over left
- 6-7-8 Unwind from cross making $\frac{3}{4}$ turn to left
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