

# Getcha Nak'd

**COPPER KNOB**  
BY STEPHEN BIRKS

拍數: 0      牆數: 2      級數: Intermediate/Advanced  
編舞者: Martin Brannigan & Lee Birks (UK)  
音樂: Rock Your Body - Justin Timberlake



Sequence: AAB, AAB, AAAB, AA, B played out

## PART A

### WALK WALK, KICK STEP STEP, SINGLE HEEL SWIVELS, HEAD LOOK, DOUBLE HEEL SWIVEL

- 1-2            Step forward onto right, step forward onto left  
3&4           Kick right forward, stepping back on right behind left, step left in place (angling body to 1:30)  
5-6           Swivel right heel left towards back of left heel, swivel left heel left to 12:00 while turning body  
                 ½ turn right to 6:00 with head still looking towards front (1:30'ish)  
7-8           Complete ½ turn by turning head to 6:00, on balls of both feet swivel heels, body and head ½  
                 turn right (to face 12:00 again) taking weight onto right

### COASTER, KICK STEP POINT, ¼ TURN SAILOR CROSS, SIDE HITCH SHOULDER LIFT

- 1&2           Step back left, step right beside left, step forward left  
3&4           Kick right forward, step right beside left, point left to left side  
5&6           Cross step left behind right, step right ¼ turn left (facing 9:00), step left across right  
7-8           Right large step to right side (12:00), bringing left close to right hitch left knee lifting shoulders  
                 up

### ROCK RECOVER SIDE, BEHIND SIDE POINT, POINT HITCH ½ TURN POINT, TOE POINTS

- 1&2           Step left behind right, replace weight onto right, step left large step to left side  
3&4           Step right behind left, step left to left side, point right toe to front  
5&6           Point right toe to right side, hitch right knee beside left, on ball of left turn ½ right, point right  
                 toe to right side (now facing 3:00)  
&7&8          Step right beside left, point left toe to left side, step left beside right, point right to right side

### STEP, LEFT ¾ TURN COASTER, KICK BALL CROSS, POINT AND FULL TURN BOUNCE

- 1-2&3          Stepping right forward prep for ½ turn left, complete ½ turn left sweeping left close behind  
                 right, step right beside left, step forward on left making ¼ turn left (facing 6:00)  
4&5           Kick right forward diagonally right (to 7:30), right beside left, cross step left over right (still  
                 facing 6:00)  
6-7&8          Point right to right side, bringing right close to left, make full turn right bouncing on balls of  
                 feet (facing 6:00)

## PART B

### JUMPS WITH ¼ TURN, ROCK RECOVER AND SIDE CROSS HOLD WITH SHOULDER PUSH

- &1&2          Step right forward, step left forward shoulder width apart, step back right, step back left  
                 together  
&3&4          ¼ turn right and repeat counts &1&2 (facing 3:00)  
5-6           Cross step right over left, replace weight back onto left  
&7-8          Step right to right side, cross step left over right, hold (pushing shoulders forward and back or  
                 up and down for a 7&8 count), weight mainly on right

### STEP, ¼ TURN CROSS ROCK RECOVER, SIDE CROSS HOLD, SIDE STEP CLAP AND SLIDE, STEP

- &1-2          Step left beside right, turning ¼ turn right cross step right over left (to 6:00), replace weight  
                 back onto left  
&3-4          Step right to right side, cross step left over right, hold, weight mainly on right  
5-6           Step left large step to left side, touch right beside left, at same time swing arms up and over  
                 head, end with clap to left side, looking to left side

&7-8

Push body to right side, stepping right, slide left to meet right, taking weight onto left, arms open for slide

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