

Ghostbusters

拍數: 32 牆數: 4 級數: Beginner
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音樂: Ghostbusters - Ray Parker Jr.



STEP, HOLD, STEP, HOLD, STEP, HOLD, STEP, HOLD (WITH ARMS MOVEMENTS)

- 1 Step right diagonally to the right, arms are straighten up above head
- 2 Hold
- 3 Step left diagonally to the left, arms are straighten up above head
- 4 Hold
- 5 Step right diagonally to the right, arms are straighten at stomach height
- 6 Hold
- 7 Step left diagonally to the left, arms are straighten up above head
- 8 Hold

STEP, TOGETHER, STEP, TOGETHER, STEP, HEEL, STEP, HEEL

- 1 Step right forward
 - 2 Step left just behind right
 - 3 Step right forward
- On counts 1 and 3 make a swim movement above head**
- 4 Step left next to right
 - 5 Step right to right side
 - 6 Step left heel diagonally to left side
 - 7 Step left to left side
 - 8 Step right heel diagonally to right side

PADDLE TURN ¼ (2X), OUT, OUT, TURN BODY

- 1 Step right forward
- 2 Turn ¼ to the left
- 3 Step right forward
- 4 Turn ¼ to the left
- 5 Step right diagonally out to the right
- 6 Step left out to left side
- 7 Turn body ½ to the right
- 8 Body back facing forward

SLIDE, SLIDE, SLIDE, STEP, DRAG

- 1 Make with left a large step diagonally forward
- 2 Close right next to left
- 3 Step right diagonally forward
- 4 Close left next to right
- 5 Step left diagonally forward
- 6 Close right next to left
- 7 Step right to right side
- 8 Drag left next to right

REPEAT
