Gimme Hope Jo'anna



拍數: 0 牆數: 4 級數: Improver

編舞者: Susanne Mose Nielsen (DK)

音樂: Give Me Hope Joanna - Eddy Grant



Sequence: AA, B, AA, B, AAA, B, AA, B 1 1/2

PART A

DIAGONALS

Step diagonally forward right with right foot, slide left to right
Step diagonally forward right with right foot, slide left to right
Step diagonally forward left with left foot, slide right to left
Step diagonally forward left with left foot, slide right to left

VINE RIGHT, TOUCH, VINE 1/4 LEFT, TOUCH

9-12 Step to the right on right, step left behind right, step right to right, touch left next to right 13-16 Step to the left on left, step right behind left, step left 1/4 left, touch right next to left

VINE RIGHT, TOUCH, VINE LEFT, TOUCH (OR ROLLING VINE)

Step right to the right, step left behind right, step right to right, touch left next to right

Step left to the left, step right behind left, step left to left, touch right next to left

WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT, FORWARD DIAGONALS LEFT, RIGHT, LEFT, RIGHT

25-28 Step back onto right, left, right, touch left

29-30 Step diagonally left forward on left, slide right to left

31-32 Repeat 29-30

PART B

SYNCOPATED JUMP TWICE, KICKBALL CHANGE TWICE

&1-2 Jump forward, stepping right then left, clap hands

&3-4 Repeat &1-2

5&6 Kick right foot forward, step ball of right foot next to left, step left foot in place

7&8 Repeat 5&6

1/4 TURN RIGHT, JAZZ BOX 1/4 RIGHT

9-10 Step right foot ¼ right, touch left foot next to right and snap fingers

11-12 Step left foot ¼ left, touch right next to left and snap fingers

13-16 Cross right foot over left, step back on left, turn ¼ right step right to side, touch left to right

REPEAT PART B

17-32 Repeat &1-16