Give And Take

級數: Improver

編舞者: Frans Grech (MLT)

音樂: Give, Give, Give - The Deans

HEELS AND TOES SWIVELS, RIGHT, LEFT, CENTER, HOLD & CLAP

- 1-2 Both heels swivel to right, both toes swivel to right
- 3-4 Both heels swivel to center, hold and clap
- 5-6 Both heels swivel to left, both toes swivels to left
- 7-8 Both heels swivel to left, hold and clap

MONTEREY TURNS TO RIGHT TWICE

- 1-2 Touch right toe to right side, turn ½ right, close right to left
- 3-4 Touch left toe to left side, close left foot to right
- 5-8 Repeat 1-4

HEEL & HEEL & HEEL, CLAP CLAP, STEP TURN ¼ LEFT, CROSS, HOLD

- 1&2& Touch right heel forward, close right to left, touch left heel forward, close left to right
- 3&4 Touch right heel forward, clap clap
- 5-8 Step right forward, turn ¼ left, cross right over left, hold and clap

GRAPEVINE LEFT, TOUCH, GRAPEVINE RIGHT, TOUCH

- 1-4 Step left to left side, step right behind left, step left to left, touch right beside left,
- 5-8 Step right to right side, step left behind right, step right to right side, touch right beside left

STEP TURN ½ RIGHT STEP, HOLD & CLAP, STEP TURN ½ LEFT, STEP, HOLD & CLAP

- 1-4 Step left forward, turn ½ right, step left forward, hold and clap
- 5-8 Step right forward, turn ½ left, step right forward, hold and clap

LEFT, STEP LOCK STEP, SCUFF, RIGHT, STEP LOCK STEP, SCUFF

- 1-4 Step left diagonally forward, step right behind left, step left diagonally forward, brush right besides left
- 5-8 Step right diagonally forward, step left behind right, step right diagonally forward, brush left besides right

ROCKING CHAIR,, STEP PIVOT ½ RIGHT, STEP PIVOT ½ RIGHT

1-4& Rock forward on left, recover on right, rock back on left, recover on right

Restart dance from here during 1st (9:00) & 3rd (3:00)

5-8 Step forward on left, pivot ½ to right, step forward on left, pivot ½ right

LEFT JAZZ BOX, RIGHT JAZZ BOX

- 1-4 Cross left over right, go back on right, step left to left, scuff right besides left
- 5-8 Cross right over left, go back on left, step right to right, scuff left besides right

ROCKING CHAIR TWICE

1-4 Rock forward on left, recover on right, rock back on left, recover on right5-8& Rock forward on left, recover on right, rock back on left, recover on right

REPEAT

TAG

At end of wall 5 (9:00) do 3 rocking chairs at end of last section & continue with an 8 count tag





拍數: 72

牆數:4

TAG HEELS AND TOES SWIVELS, RIGHT, LEFT, CENTER, HOLD & CLAP X 3

- 1-2 Both heels swivel to right, both toes swivel to right
- 3-4 Both heels swivel to center, hold and clap
- 5-6 Both heels swivel to left, both toes swivels to left
- 7-8 Both heels swivel to left, hold and clap

Restart

ENDING

To end dance facing home wall, you will do the Monterey turns with a ¼ turn, And you stop at the end of the Monterey turns facing home wall