

Go West

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Mark Simpkin (AUS)
音樂: Go West Young Man - Orral & Wright



BALL STEP, SHUFFLE, ROCK FORWARD, REPLACE, COASTER STEP, STEP FORWARD

- &1 Step back on ball of right, step left forward
- 2&3 Shuffle forward right, left, right
- 4-5 Rock forward on left, replace weight back on right
- 6&7 Step left back, step right beside left, step left forward (coaster step)
- 8 Step right forward in front of left foot

TWIST TWIST, SAILOR STEP, BEHIND SIDE, CROSS, SIDE, CROSS, STEP BACK

- 1-2 Twist both heels to right making $\frac{1}{4}$ turn left, twist both heels left
- 3&4 Step right behind left, step left to left side, step right to right side (sailor step)
- 5&6 Step left behind right, step right to right side, step left across right
- &7-8 Step right to right side, step left across right, step back onto right

TOE STRUT, BACK $\frac{1}{2}$ PIVOT, KICK BALL CHANGE, FORWARD $\frac{1}{2}$ PIVOT

- 1-2 Step ball of left back, drop left heel taking weight to left
- 3-4 Touch ball of right back, pivot $\frac{1}{2}$ turn right taking weight to right foot
- 5&6 Kick left forward, step in place left, right (kick ball change)
- 7-8 Step left forward, pivot $\frac{1}{2}$ turn right taking weight to right

LOCK SHUFFLES FORWARD, OUT OUT IN IN TWICE

- 1&2 Lock shuffle forward left, right, left to left diagonal
- 3&4 Lock shuffle forward right, left, right to right diagonal
- &5&6 Step left to left side, step right to right side, step left to center, step right to center (moving slightly forward)
- &7&8 Step left to left side, step right to right side, step left to center, step right to center (moving slightly forward)

$\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN, SAILOR STEP $\frac{1}{4}$ TURN, KICK STEP, BALL STEP, KICK BALL STEP

- 1-2 Turn $\frac{1}{4}$ turn left & step left forward, turn $\frac{1}{4}$ turn left & step right to right side
- 3&4 Step left behind right, step right to right side, turn $\frac{1}{4}$ turn left & step left forward (turning sailor step)
- 5-6 Kick right forward, step right back
- &7 Step ball of left back, step right forward
- 8&1 Kick left forward, step left beside right, step right forward (kick ball step)

STEP $\frac{1}{2}$ PIVOT, $\frac{1}{2}$ TURNING SHUFFLE, COASTER STEP, STEP FORWARD

- 2-3 Step left forward, pivot $\frac{1}{2}$ turn right taking weight to right
- 4&5 Shuffle forward left, right, left turning $\frac{1}{2}$ turn right
- 6&7 Step right back, step left beside right, step right forward (coaster step)
- 8 Step left forward

HEEL BALL CROSS TWICE, ROCK SIDE, REPLACE, COASTER STEP

- 1&2 Touch right heel at 45 degrees right, step back on ball of right, step left across right
- 3&4 Touch right heel at 45 degrees right, step back on ball of right, step left across right
- 5-6 Rock right to right side, replace weight to left
- 7&8 Step back on right, step left beside right, step right forward (coaster step)

SHUFFLE FORWARD LEFT & RIGHT, STEP LEFT FORWARD, HEELS TAPS X 3 WITH ½ TURN RIGHT

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|-----|---|
| 1&2 | Shuffle forward left, right, left |
| 3&4 | Shuffle forward right, left, right |
| 5 | Step left forward |
| 6-8 | Tap both heels in place 3 times while making ½ turn right keeping weight back on left |

REPEAT

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After the second wall

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| &1-2 | Step ball of right back, step left forward, step right beside left |
| &3&4 | Step left to left side, step right to right side, step left to center, step right across left |
| 5 | Unwind ½ turn left taking weight to right |
| 6&7 | Step left back, step right beside left, step left forward |
| 8 | Pivot ½ turn right keeping weight on left foot |

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After the 5th wall

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| &1 | Step back on ball of right, step left forward |
| 2-4 | Tap both heels in place 3 times while making ½ turn right keeping weight back on left |
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